



Reverse Vertebral Column Decancellation (RVCD): A New Technique for Correction of The Rigid Thoracic Lordoscoliosis and Literature Review

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Abstract

Introduction: Rigid lordoscoliosis is uncommon and challenging to treat. Patients can develop respiratory impairment as well as sagittal and coronal imbalance, leading to low health-related quality of life. The surgical management of this type of deformity is not well defined in literature. We describe a new technique we call "Reverse Vertebral Column Decancellation" (RVCD) for the treatment of rigid hyper lordosis.

Methods: Case report of a 15-year-old female patient diagnosed with early-onset scoliosis, who had undergone several surgical procedures, developing a rigid lordotic deformity. The preoperative radiographic findings were a thoracic hyper lordosis (-7.3°) with positive sagittal imbalance with a sagittal vertical axis (+29.5 mm) and a negative Pelvic Tilt (PT) of -39°. Surgical treatment using the RVCD technique was chosen. RVCD entails complete resection of the posterior elements followed by a horizontal linear osteotomy of the posterior half of the vertebral body and a wedge decancellation of the anterior base of the lateral and anterior cortical bone of the latter, resulting in a Y-shaped osteotomy. Anterior closure is performed by posterior distraction to increase kyphosis.

Results: The patient had a postoperative correction of 51.5° , resulting in a thoracic kyphosis of $+44.2^{\circ}$. There was a change in PI (pre: 19.7° , post: 14.4°) and a reduced but persistent negative pelvic tilt (- 35.6°). Computed tomography scan six months after the procedure showed bone fusion. No neurological and infectious complications were reported during three years of follow-up.

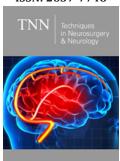
Conclusion: The RVCD proved to be an effective and safe option for the treatment of rigid hyperlordotic deformity.

Keywords: Hyper lordosis; Lordoscoliosis; Spinal osteotomies; Vertebral column decancellation

Introduction

Rigid lordoscoliosis is an uncommon deformity and is challenging to treat. It causes respiratory impairment more frequently than kyphoscoliosis and therefore must be treated early to avoid cardiopulmonary complications [1]. Patients often develop sagittal and coronal imbalance, leading to low measures of health-Related Quality of Life (H-RQL) [2]. In surgical cases these deformities can be addressed by combined (anterior and posterior) access or by a solely posterior approach. The combined access includes a first stage of anterior release, which may or may not contemplate traction and a second stage of posterior instrumentation and fusion [3-6]. There are authors who advocate the "posterior only" approach using pedicle screws. They claim they achieve the same correction without the anterior approach and avoid the complications associated with it [7-9]. Vertebral Column Resection (VCR) is a surgical option for the management of rigid hyperlordosis due to deformities in the coronal and sagittal planes with good outcomes. However, it has a high rate of complications, including significant blood loss, instability and neurological deficits [10]. In order to avoid the complications associated with VCR and by analogy to the management of rigid kyphotic deformities using another technique called "Vertebral Column Decancellation (VCD)"[11] we applied the same principle to the treatment of rigid hyperlordosis in a novel surgical technique that we call





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Submission:

November 05, 2025

Published:

November 14, 2025

Volume 6 - Issue 1

How to cite this article: Luis E Carelli, Fabio Fagundes, Alderico Girão and Silvia M Flores Taracena*. Reverse Vertebral Column Decancellation (RVCD): A New Technique for Correction of The Rigid Thoracic Lordoscoliosis and Literature Review. Tech Neurosurg Neurol. 6(1). TNN. 000629. 2025. DOI: 10.31031/TNN.2025.06.000629

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"Reverse Vertebral Column Decancellation" (RVCD), using an exclusively posterior approach.

Methods

Case presentation

This is a case report of a 15 years-old female patient with earlyonset idiopathic scoliosis who presented with a thoracolumbar deformity. She had undergone correction by the Shilla growth guidance procedure at age 6 [12]. Two years after that first surgery, she developed proximal junctional kyphosis, requiring extension of the fusion to T2. At age 10, she presented persistent infection in the surgical site, requiring the removal of all the instrumentation. Subsequently she developed a progressive increase in thoracic lordosis. As seen in Figure 1, the physical examination revealed a significant anterior trunk deviation, as well as compensatory mechanisms in the knee and hip joints.



Figure 1: Preoperative clinical photos showing anterior trunk deviation with thoracic hyperlordosis, knee flexion and pelvic anteversion.

Radiographic findings

Using a full-length standing spine radiograph, preoperative spinopelvic alignment measurements were performed with Surgimap® software. The measurements were: anterior deviation

of the sagittal vertical axis (SVA: +29.5mm); a negative pelvic tilt (PT: -39°), as the femoral heads were posterior to the midpoint of the sacral dome; increased lumbar lordosis (LL: -65.8°); pelvic incidence (PI: +19.7°) and the thoracic spine was in lordosis (CT -7.3°) (Figure 2).

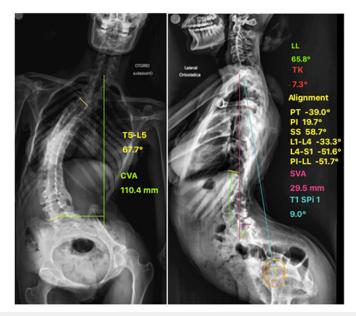


Figure 2: a) Preoperative anteroposterior full-length standing spine radiograph shows significant posterior fusion bone mass and parameters of coronal alignment

b) Lateral radiograph with the parameters of sagittal alignment. Note the anterior deviation of the sagittal vertical axis and the negative pelvic tilt, as the femoral heads are posterior to the midpoint of the sacral dome.

Surgical technique

A standard midline skin incision with subperiosteal dissection to expose the bony structures of the posterior elements. All pedicle screws are then inserted using a freehand placement technique [13]. After that, the Reverse Vertebral Column Decancellation technique itself begins with resection of the posterior elements, including the lamina and pedicles and the insertion of a temporary rod in one side to avoid spine translation, followed by a linear horizontal osteotomy of the posterior half of the vertebral body (Figure 3A & 4A). With the aid of intraoperative fluoroscopy, two osteotomes were positioned obliquely (Figures 3B & 4B) to mark the appropriate location for decancellation, (Figure 3C) if needed, the surgeon can tilt the surgical table before doing the osteotomy for better visualization. This is performed in a wedge shape, with

its base anterior, resulting in a "Y"-shaped osteotomy, the vertebral osteotomy was realized on the contralateral side of the temporary rod. Next, we repeated the same steps on the other side, always leaving a temporary rod contralateral to maintain stability. Anterior vertebral decancellation was done with reverse angle curette and Ribbon malleable retractors. Next, anterior closure of the wedge is performed through posterior distraction to increase the kyphosis (Figure 3D), which is confirmed by intraoperative fluoroscopy (Figure 4C). This technique has the same concept of the VCD osteotomy and V-Y osteotomy doing the hinge of the correction in the middle column to avoid stretching the neurovascular structures. [11,14] If there is a gap of more than 5 mm, a structural bone graft can be placed to increase the fusion area (Figure 3E). In the case described, a fibular allograft from a tissue bank was used.

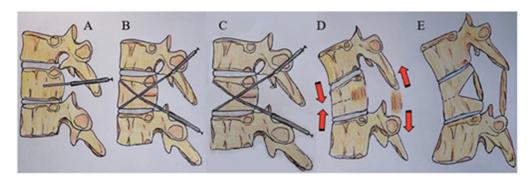


Figure 3: Illustration showing the steps in the Reverse Vertebral Column Decancellation.

- a) Wide resection of posterior elements including the pedicles of the level to be osteotomized, with linear osteotomy of the posterior half of the vertebral body.
 - b) Oblique positioning of the osteotomes at the desired angle for correction.
 - c) Wedge decancellation of the anterior half of the vertebral body.
 - d) Closing the wedge-shaped osteotomy of the anterior base by posterior distraction, with consequent formation of an opening wedge in the posterior half of the vertebral body.
 - e) If there is a gap of more than 5 mm, a structural bone graft can be placed.



Figure 4: a) Intraoperative photograph

b) Fluoroscopy image showing divergent positioning of the osteotomes (red arrows) at the desired angle for correction. Then, posterior distraction is performed to increase the kyphosis.
 c) Closure of the anterior wedge confirmed by fluoroscopy.

Results

There were no intraoperative or post-operative complications. Operative time was 415 minutes; blood loss was 450cc. The patient spent the first forty-eight post-operative hours in the surgical ICU and was discharged from the hospital after 8 days. The patient was followed for two years. Computed Tomography (CT) performed

6 months after the procedure showed bone fusion. Clinically, the trunk alignment was correct with a consequent improvement in the compensatory mechanisms of the hip and knee (Figure 5). The radiographic parameters of sagittal alignment in the pre- and postoperative period are presented in Table 1 and are illustrated in Figure 6, with improvement of sagittal alignment. Figure 6 shows the radiographic parameters of three years follow up.



Figure 5: One-year postoperative clinical photographs showing significant improvement in trunk balance and compensatory mechanisms of the hips and knees.

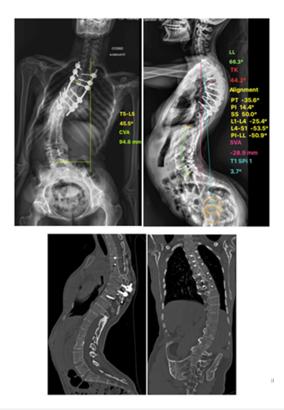


Figure 6: a) Anteroposterior.

- b) Lateral postoperative full-length standing spine radiographs showing significant improvement of the sagittal alignment and spinopelvic parameters.
 - c) Six-month postoperative sagittal and coronal CT reconstruction showing osteotomy healing.

Table 1: Radiographic Analysis

Alignment	Prior to Surgery (Cobb)	After Surgery (Cobb)	
Thoracic Kyphosis	-7.3°	+44.2°	
Sagittal Vertical Axis	+29.5mm	- 28.9mm	
Pelvic Tilt	-39.0°	- 35.6°	
Lumbar lordosis	-65.8°	-66.3°	
Pelvic incidence	19.7°	14.4°	

Discussion

Surgical treatment of lordoscoliosis can be performed using several techniques that include a combined anterior and posterior access or a posterior only approach. In cases with a more flexible deformity, the Posterior Column Osteotomy (PCO) is used in the treatment of hyperkyphosis. Through mobilization and posterior thoracic distraction, the PCO technique is used to correct the hyperlordosis [15]. However, we know that the increase in kyphosis by using an exclusively posterior approach with PCO is not easily achieved, as demonstrated in the literature about the treatment of idiopathic scoliosis in adolescents with hypokyphosis [16]. It is also important to emphasize that this correction needs to be carefully controlled because excessive posterior distraction can result in damage to the spinal cord and increase the risk of pseudarthrosis [17]. For the treatment of flexible hyperlordosis, in addition to the Ponte technique, [18] Winter et al and Bradford et al described a combined approach for thoracolumbar hyperlordosis. A procedure with ribosteotomies is performed to create an unstable chest combined with resections of anterior wedges of the vertebral bodies, followed by posterior instrumentation. Winter had an average correction in his series of 51°, [4] and Bradford had an average correction of 65° [5]. Song et al described a two-stage procedure for these deformities, where the first surgery included anterior discectomy, release and fusion of T8 to the sacrum, followed by transfemoral traction with the hip and knee flexed at 90° for two weeks to decrease lordosis. The second operative phase consisted of posterior instrumentation and fusion of T2 to the pelvis using the Luque and Galveston technique, achieving a correction of the hyperlordosis of 32°. With the dual approach there is a

negative impact on pulmonary function, which can be deleterious to the patient, especially with this type of deformity. Other authors also performed double approach using anterior spinal osteotomy followed by posterior fusion for treatment of rigid hyperlordosis [19]. Despite our patient did not have any clinical signs or complains of pulmonary malfunction, lordoscoliosis needed to be corrected to also improve lung volumes and vital capacity and we planned a posterior osteotomy also to avoid any disturbance in pulmonary function [6,20].

Cases with greater curve rigidity require larger osteotomies. One surgical option is the "Reverse Smith Petersen Osteotomy" (RSPO). In this combined approach, an anterior base and apex (center of rotation) wedge in the posterior wall is resected. Next, the spine is flexed by posterior distraction, causing an increase in kyphosis in an area with hypokyphosis or lordosis [21]. In our case, the osteotomy apex is in the middle column of vertebral body, closer to the center of rotation of the vertebra avoiding excessive distraction of the posterior aspect, decreasing neurologic risk. In this regard, to make the correction more gradual, Kee-Yonh Ha et al described the "Posterior Multilevel Vertebral Osteotomy (PMVO)", which consists of a transverse osteotomy of the vertebral body performed posteriorly at multiple levels. The authors argue that PMVO can increase flexibility even in a rigid spine with a fusion mass, allowing the degree of correction to be distributed across the osteotomized area [8,9]. Finally, VCR is a plausible option in these cases, due to adequate decompression and the possibility of major corrections of the coronal and sagittal balance. However, it causes considerable instability, great blood loss and entails considerable risk of a neurological deficit [10].

Table 2: Sagittal Correction of the Lordotic Deformities Obtained with Different Techniques A/P = Anterior-Posterior Approach, RSPO=Reverse Smith Peterson Osteotomy, PMVO = Posterior Multilevel Vertebral Osteotomy, RVCD=Reverse Vertebral Column Decancellation

Authors	Technique	# of Cases	Sagittal Correction
Bradford et al. [5]	A/P	3	65°(mean)
Winter et al. [1]	A/P	5	51°(mean)
Song et al. [9]	A/P + traction	1	32°
Lewis et al. [21]	RSPO	1	20°
Kee-Yong et al	PMVO	1	-
Present case report	RVCD	1	51.5°

Following this principle for our patient with a rigid hyperlordosis and scoliosis-hers likely the crankshaft phenomenon [22] a consequence of the posterior fusion of the spine at an early age-we proposed a novel three-column osteotomy (3C0) technique

for these cases of rigid thoracic lordosis, which we named "Reverse Vertebral Column Decancellation" (RVCD). With a single level 3CO we obtained 51.5° of correction, which is superior to the results of most of the previous case and series reports using other techniques

(summarized in Table 2). Moreover, the technique yielded reciprocal sagittal alignment changes improving the global sagittal alignment with a postoperative SVA of -28.9 mm [23]. When compared to the VCR, we believe that RVCD-with its controlled shortening of the anterior column-entails less neurological and vascular risk during the correction. RVCD also has the advantage of promoting greater bone contact in the osteotomized area, improving the chances for consolidation [11]. We recommend that this technique should be selected carefully and be performed with neuromonitoring to avoid possible neurological compromise.

Surprisingly, Pelvic Incidence (PI), considered a morphological parameter, was changed from 19.7° preoperatively to 14.4° postoperatively. Similarly, Raphael Vialle et al. reported 15 cases of neuromuscular lumbar hyperlordosis in which the pelvic incidence was significantly modified [22]. Another parameter that has atypical behavior is pelvic tilt, because in hyperlordosis the psoas muscle has its function altered by its abnormal course between the spine and the proximal end of the femur, which in this case was located posterior to the center of the sacral dome. Instead of acting as a hip flexor, it becomes a lumbar spine extensor. In most cases in the series by Vialle et al, lumbar hyperlordosis is responsible for the pelvic "anteversion" and on the lateral radiographs the pelvic tilt appeared inverted, with a negative value,[24] a phenomenon similar to that which occurred in our patient. In the case described in this study, the patient showed an improvement in the pelvic tilt, though it continued to be negative.

Conclusion

Reverse Vertebral Column Decancellation (RVCD) proved to be a safe and effective treatment for this unusual case and may be a useful option for other rigid thoracic hyperlordotic deformities.

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