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Mini Review

## The Use of Artificial Intelligence Methods in the Evaluation of Medical Data

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## Introduction

The 20<sup>th</sup> century brought a very dynamic development of medicine as well as other fields of science. Leonard Hay flick writes towards the end of the 20<sup>th</sup> century in his book "How and Why We Age In 1900, as many as 75 percent of US citizens did not survive sixty-five years. Today, these statistics have almost reversed: about 70 percent live more than sixty-five years. What caused such a significant increase in the average life expectancy? Hay flick explains that this should be attributed "primarily to the decline in infant mortality"[1]. Obviously this is a very important factor in raising the population's life expectancy. Furthermore, it must be born in mind that both, life expectancy and quality of life are influenced by a whole array of environmental factors. Therefore, it is extremely important to be influenced by the most recent achievements in broadly understood medicine. First of all, patient care based on evidence-based medicine [2-5].

However, scholar's ambitions go far beyond providing basic health care [6]. Today's technology is revolutionizing medicine. It is believed that scientists double the medical knowledge every eight years. We get acquainted with some of the recent technological developments as well as actions with a view to helping to eradicate the disease [7]. Is science able to provide people with satisfactory health condition? Is it able to achieve such an objective at the beginning of the 21st century?

Technological progress makes it possible to perform even complex calculations in significantly less time. With the discovery of effective medicines, a list of diseases initially seemed incurable has been narrowed with the direct effect on the increasing number of people in the world as well as the improvement of the state of their health. There were a lot of discoveries due to which new cancer therapies were possible, what leads us to hope that this particular disease will no longer gather its fatal harvest [8].

The most successful achievements of the  $21^{\rm st}$  century medicine should include new medicines to fight AIDS. Researchers are also getting closer to discovering an effective HIV vaccine. Also,

subsequent discoveries in genetics raise our hopes of possible effective treatments for initially incurable diseases creating [9].

In the 21st century we derive from the knowledge gained in the last century, aiming to obtain increasingly better diagnostic and therapeutic methods [10]. Year by year the number of lab tests is increasing. The results of these studies can be considered as scientific evidence if only we could determine and measure the effectiveness and costs of individual medical procedures. Every patient admitted to hospital diagnostics has a routinely performed panel of tests consisting of an average of 25-35 different laboratory tests. For example, complete blood count and white cell differential includes 18 parameters. Assessing the number of results from one patient and multiplying it by a group of 100, for example, gives a great database, interpretation of which would be very fiddle. Clinical analysis should include first-class scientific evidence and the reliability of its results depends on the proper acquisition and methodology for the development of the final results. Undoubtedly, the share of artificial intelligence in the process of analyzing large amounts of data remains significant.

Among many soft computing techniques used for medical data analysis, artificial neural networks (ANNs) play very important role. ANNs are inspired by human nervous system. The main element of ANNs is artificial neuron, fundamental information-processing unit, which is very simple equivalent of natural neuron. ANNs consist of many artificial neurons composed in layers. Neurons in one layer are connected with those in the adjacent layers and these connections are described by "weights". The ANNs employment doesn't require the knowledge about relationship under study. ANN is trained with the use of experimental data set and during training process, "weights" are adjusted in order to decrease the difference between output signal calculated by ANN and expected value of this signal known from training data set. ANNs are considered as an effective substitute for the classical empirical and statistical process modeling techniques and are successfully used as models of complex and nonlinear relationships.

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Rigorous literature survey, indicates that ANNs are widely used in many fields of medicine. ANN-based model was proposed for the diagnosis of obstructive sleep apnea (OSA), based on easily acquired patient demographic data including sex, age, body mass index, and snoring status. With the model, the detection of OSA was possible within few seconds with the accuracy of 86.6 % . Developed decision support system for the prediction of the case of peripheral nerve disorder. Their work contained also a classifier for distinguishing between carpal tunnel syndrome, neuropathy and normal peripheral nerve conduction. To this aim, two types of ANN were employed: recurrent neural network and a two-layer feed forward network. Moreover, the system was equipped with graphical user interface. Recurrent neural network performed better as classification tool, with the accuracy of 98.6% and the feed forward ANN was able to achieve an accuracy of 97.4%. The Multilayer Feed forward Neural Network was chosen by as machine-learning technique for developing the diagnosis of lung cancer support system. The lung cancer identification was based on sympathetic skin response measurements with 100% accuracy. Lung cancer diagnosis and patients treatment supported by ANNs was the subject of more papers published recently. The feed forward ANN with architecture 25-4-1 was used by for prediction of survival time in advanced lung cancer as affected by the genetic polymorphism of the p21 and p53 genes in conjunction with patients general data. The prediction accuracy of the model was 86.2%. Additionally, authors assessed the importance of explanatory variables in the model. They concluded that the most important input variable was the clinical staging of lung cancer patients, and the next most important variables were pathological type and responsiveness to treatment. The model for prediction of the risk of lung cancer based on BP Neural Networks proposed by [10] provided satisfactory accuracy under low dimensions of risk factors. The ANN model with the six serum tumor markers and 19 other parameters was described by [5]. The aim of ANN employment was to distinguish lung cancer from benign lung disease and healthy people. Authors claimed the follows parameters of the model: sensitivity 98.3%, the specificity 99.5% and the accuracy 96.9%. However, as was underlined by [3] the use of ANN presented in the medical literature is not always performed in an accurate manner. In the effect, reliability of the results presented raises doubts.

It can be stated that modern soft computing techniques can be widely used in the medical, health, and pharmacy fields, where the analysis of large, complex data is required. In particular, when taking into account precision medicine, which relies on an increasing amount of heterogeneous data. Clinicians need to use many diagnostic tools including medical imaging, blood tests, and genomics in order to decide the appropriate combination of treatments such as radiotherapy, chemotherapy, targeted therapy and immunotherapy [4] For that reason, more and more data need to be analyzed and therefore sophisticated artificial intelligent methods are developed and employed by researchers. This trend is obvious when the aim is better healthcare.

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