

Beta-Cyclodextrin: A Cyclodextrin Derivative and its Various Applications

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Abstract

Cyclodextrin are useful functional excipients that have enjoyed widespread attention and use. The basis for this popularity from a pharmaceutical standpoint is the ability of these materials to interact with poorly water-soluble drugs and drug candidates water solubility. β -cyclodextrins have a wide range of applications in different areas of drug delivery and pharmaceutical industry due to their complexation ability and other versatile characteristics. β -cyclodextrin (β CD) contains 7 glucopyranose units and is the most commonly used cyclodextrin polymer. They are known to form inclusion complexes with poorly soluble drugs and to improve their bioavailability and enhance their solubility. The objective of this review is to summarize general properties and different uses of β CD, and recent advancements related to its application.

Keywords: Cyclodextrin; Drugs; Glucose; β CD molecule; Antioxidants

Introduction

Cyclodextrins are hollow, truncated cone-shaped cyclic oligosaccharides. The distinct chemical structure of cyclodextrin enables them to entrap poorly water-soluble drugs including antioxidants, into their cavities, forming inclusion complex resulting in a significant improvement in the stability and solubility of drugs. CDs are produced as a result of the degradation of starch, corn, potato by enzymes, in which residues of glucose link with each other by -1,4 glycosidic linkages and then result in formation of a macro-cycle. It yields a combination of linear, branched and cyclic dextrins [1].

Types of Cyclodextrins

Cyclodextrins are sugar molecules that have been linked together in rings of varying diameters. The sugar units are known as glucopyranosides-glucose molecules with a pyranose (six-membered) ring structure. Six, eight, or ten glucopyranosides combine to make α , β and γ cyclodextrin, respectively. The three cyclodextrins exist naturally; A. Villiers named them "cellulosine" when he first reported them in 1891. A. Schardinger defined the three varieties a few years later. Despite their complexity, cyclodextrins are quite simple to produce. A combination of common enzymes, most notably cyclodextrin glycosyl transferase and -amylase, is used to treat starch. Each enzyme combination generates a distinct ratio of the three cyclodextrins.

On basis of number of α glucose units, CDs are classified into three types:

- a. α Cyclodextrins
- b. β Cyclodextrins

c. γ Cyclodextrins

α -Cyclodextrins contain 6, β -Cyclodextrins contain 7 while γ -Cyclodextrins contain 8 units of glucopyranose linked by 1-4 bonds [2].

β -cyclodextrin (β CD)

β CD is a cone-shaped molecule. Many hydroxyl groups are present on the outer surface of the cavity and its cavity is hydrophobic from inside. As a result, β CD is soluble in water and may encapsulate a wide range of hydrophobic guest molecules in its non-polar cavity. This property has been widely used in drug-controlled release, separation and adsorption. The molecular structure of β CD is shown in Figure 1.

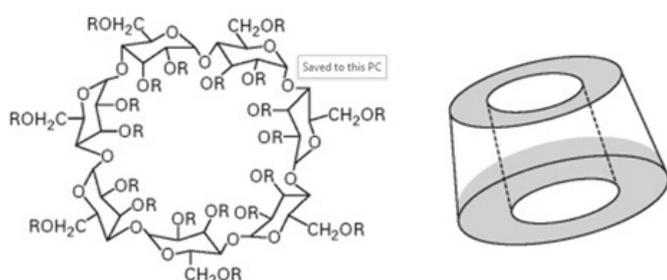


Figure 1: Molecular structure of β CD.

General Characteristics of β CD

β CD is the most easily available, economical and useful of

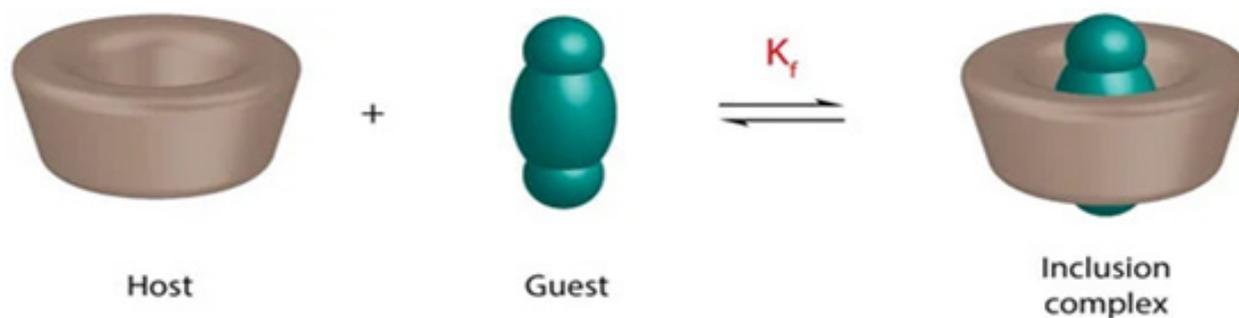


Figure 2: Illustration of formation of inclusion complex of a drug (guest) and cyclodextrin (host) [5].

Applications of β CD

CDs are used widely in pharmaceutical sciences. CDs are able to increase stability, solubility and also bioavailability of many bioactive hydrophobic compounds by complex formation [2]. There are following properties of β CD,

a. β CD enhances the water solubility of various poorly water-soluble compounds, resulting in increased bioavailability and pharmacological impact, allowing the therapeutic dose of drug to be reduced. It can be used to increase the stability of compounds so that they can withstand degradation, oxidation,

all cyclodextrins. It contains 7 glucopyranose subunits linked by 1-4 glycosidic linkage. The Molecular weight of β -cyclodextrin is 1135g/mol. It has a melting point of 280 °C. It has a cavity diameter of 6- 6.5 Å. Cavity volume is 262 Å³. Its outer diameter is 15.4 Å and the height of its torus is 7.9 Å. Its Solubility in the water is 1.85g/100ml at 25 °C. Its Pka value by potentiometry is 12.202 at 25 °C. Its cavity size is ideal for most pharmaceuticals with molecular weights ranging from 200 to 800 Daltons. It forms Mono-clinic parellograms crystals from the water. A small amount, approximately 1-2 % of it is absorbed in upper GIT, no metabolism occurs in upper GIT. It is metabolized in the lower GIT by the bacterial action in the colon and caecum region [3,4].

Host Guest Interaction of β CD

β CD is the most widely studied and commonly used cyclodextrin on the basis of affordability, accessibility, and its capability of forming complexes with an extensive range of chemicals. Like other CDs the most distinctive characteristic of β CD molecule is the capability to produce inclusion complex with numerous chemicals through a host guest interaction (Figure 2), [5]. The method of Inclusion complex formation is a widely used method for improving the solubility of substances. Its exterior is hydrophilic due to presence of 21-OH groups, inside cavity is composed of seven glucose units and is hydrophobic. The core structure has the capability to encapsulate other substances. These exceptional encapsulation qualities can alter and/or enhance the guest molecule's biological, chemical, and/or physical capabilities [6].

temperature, light, and metal salts [7].

b. Carbohydrate-based surfactants significantly improve their effectiveness and potential application range when complexes with β CD and other cyclodextrin. The creation of CD/surfactant host-guest compounds increases the critical micelle concentration and surfactant solubility [8].

c. β CD have capability of inclusion complex formation with antioxidants and also with the UV filters for enhancing aqueous solubility of chemical Ultraviolet filters and antioxidants and also for providing a shield against other degradative variables.

They can also provide a controlled drug release profile from sunscreens. It has the potential to enhance sunscreen effectiveness, promote stability and thus provide better protection from UV rays [9].

d. Kfoury et al. [10] focused on improving the water solubility and antioxidant activity of caffeic acid by complexation in cyclodextrin or by the use of ethanol as a co-solvent. Phase solubility studies showed solubility of the substance enhanced in a linear mode by use of cyclodextrin and in an exponential mode by the use of ethanol. The combined effect of ethanol and the use of β cyclodextrin-caffeic acid inclusion complex improved the solubilization as well as antioxidant activity of the substance. Antioxidant activity was enhanced in the combination system as a result of its increased solubility.

e. β CD is currently the most common cyclodextrin which is used in pharmaceutical formulations. It can be used for masking unpleasant odors and tastes. It can also be utilized to camouflage the color or pigments of the substances. It can provide protection against microbial degradation to the substances. It can modify the chemical reactivity of its guest molecules and is also used for the successful conversion of liquid substances into powder form [11].

f. In nanotechnology, they can be used for formation of nano-sponges, nanoparticles, nano-micelles, and also nano-vesicles etc. which have extensive application in nanomedicine. For example, nano-sponges based on β cyclodextrin can be used in delivery of anticancer agents [12].

g. In chemistry, it can be used as chemical sensors [13]. It can also be used in tissue engineering in preparation of tissue scaffolds [14].

h. β CD were used for the efficient reduction of organic pollutant such as the nitroaromatics, by use of chemistry using catalytic materials like β -cyclodextrin functionalized gold nanoparticles. The ability of nanocatalysts made by use of β -cyclodextrin to decrease nitroaromatics may offer promise for detoxifying aquatic environments [15].

i. β CD has wide use in the textile industry. As they are environmentally friendly, cost-effective, and easy to produce on a large scale and also have physicochemical (such as inclusion complex-forming ability, chelating function, emulsifying activity, slow release of fragrances) and biological (e.g., biocompatibility, biodegradability, drug - delivery ability, pesticidal delivery) characteristics which can be used in many ways in textile industry, including antibacterial (odour absorbing, active drug stabilizing), fragrance, UV resistance, water resistance, antimicrobial resistance, heat resistance, and insect repellent [16]. It is a potential agent in textile finishing. Using cross-linking and binding agents, cyclodextrins are grafted into materials. Pellicer et al. [17] synthesized polymers of β - cyclodextrin and Hydroxypropyl- β -cyclodextrin using epichlorohydrin as

crosslinking agent, which were then utilised to remove the azo dye Direct Red 83:1. The adsorption capability of the polymer produced from β -cyclodextrin was almost six times higher than that of Hydroxypropyl- β -cyclodextrin indicating that β -CD-EPI insoluble polymer is of great use for removal of dye direct red 83:1 as a viable substitute for more expensive adsorbents, easy to prepare and less costly.

Limitation of Using β CD

There is rapid removal of drug from the bloodstream after *in vivo* administration. There is also a possibility that, in the presence of biological media, the entrapped drug moieties can be replaced by other molecules with a higher affinity for the CD cavity. The hollow cavity of β CD can limit the effectiveness β CD of drug carriers [18]. Some other limitations are administration routes of some CDs are limited and supragenetic strategy was not a success.

Conclusion

This article provides an overview of β CD, its general features and its uses in many domains. β CD are not only well-known solubilizers, but they are also highly effective permeability enhancers [19]. There are a lot of fascinating prospects for future uses of β CD, such as enhancing solubility, bioavailability, and stability, which may tackle many drug delivery problems via complexation. β CD has mostly been utilized in the pharmaceutical sector as a complexation agent to enhance the water solubility of poorly soluble medicines, as well as their bioavailability and stability. When a drug molecule forms a compound with β CD, a given lipophilic moiety of the drug molecule enters the hydrophobic cyclodextrin cavity, according to classical cyclodextrin chemistry.

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