

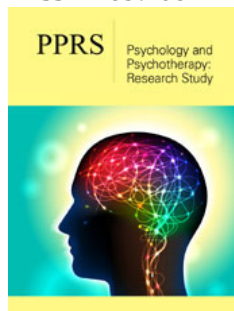
# The Virtual World of the Mind

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ISSN: 2639-0612



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**Submission:** 📅 February 20, 2023

**Published:** 📅 February 27, 2023

Volume 6 - Issue 3

**How to cite this article:** Mukundan CR. The Virtual World of the Mind. Psychol Psychother Res Stud. 6(3). PPRS. 000638. 2023.

DOI: [10.31031/PPRS.2023.06.000638](https://doi.org/10.31031/PPRS.2023.06.000638)

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## Editorial

Various processes take place within the brain, like emotional responses, emotional experiences, encoding and awareness of encoded information, and awareness of various body movements and the sensations that reach the body and sensory organs that constitute the Mind of human beings. We consider the Mind as a functional capability of the brain. The brains of animals also have some of these functions, which form their sensory-motor abilities. The mind constitutes the integration and knowledge of all the cultural learnings and their practices, and the variety of knowledge systems created by the brain. The processing capability of carrying out the above mental functions made us accept that the “mind” is a functional organ within the body. One of the earliest mental inventions has been that of a superpower controlling the universe. People all over the world formed their own thoughts and concepts of this superpower using their style of thinking and mental concepts, which are used to convey specific meanings [1]. Each individual mentally created the presence of a superpower, whom each learned to provide with a form and strength, and worshiped the concept as they considered that the same power that controlled the world and all the happenings in one’s own life and that all others whom all live together on the earth, and who have the same, and its powers and thought systems.

The physical world that exists changes per time and space and the type of changes follow specific patterns and principles. Knowing these principles form the scientific basis of the physical world. As there are physical and biological domains for the changes, we classify science as per the specific domains of changes we look for [2]. They have learned certain specific conditions and the presence of factors as causative as their presence makes the changes in the state of presence and functions of a system. These changes and their principles are mentally understood, expressed, and physically demonstrated. Human beings and most of the animals we are familiar with, also have emotional states, which are experienced by the individual as happiness, sorrow, violence, and emotional states in several other forms, that man has learned to define the experience, and express. Thinking is a unique function that man developed, and they have also formed methods of expressing their thoughts verbally and visually, through writing and even symbolically representing several of them [3].

Thinking may occur without even verbal expression, and these are considered mental functions of man. Scientific methods could be expressed in this manner and make them occur in experiments and in the innovations they have developed for enabling easier and more controlled living. Identification of cause and effect became a strong rational force in them, using which they mentally developed the presence of spiritual forces, as responsible for the generation of the world and various events in the world as well as in the lives of each person [4]. Thinking allowed each to consider and express the positive and negative results of each action and carry out the actions or responses according to the needs of each person’s wishes, or carefully made plans.

In the earlier days, the mind was used to define a source for the creation of the universe, and they believed that the source has a separate place for its existence. The soul of each

human being, which provides life and strength to the individual will move to the places defined by the supreme power [5]. They believed in this power and each devoted his and her mental and physical resources to being with the ideas of the supreme force, each person lived a life as he or she considered this force as the supreme force of the universe, and their own souls would transmit to the force after the death of each person. Love for fellow beings and affection for them is the core of some groups, whereas there are many who use violent actions for sorting out all differences with others [6]. Every person carries with them the details of belonging to a specific group, which we call religion, though there are many who live outside the belief systems and practice of any religion, but who cannot make the administrative organizations with which they are formally connected, accept the fact.

Faith and intense belief in a mentally developed idea could bring immense strength to the individual. Thus preying, carrying out meditation, etc. strengthen the body and mind of the individual. However, resorting to violence becomes a process of "neural hijacking", when the orbitofrontal cortex and other associated areas of the brain fail to control the violent acts and provide the individual with higher-level choices, which make the individual socially and emotionally strong, without the need to resort to violence. However, resorting to violence is the primary accepted method to face and react to differences of opinion, as well as differences in the style of life and reactions in life for most people. This ability to think and decide on methods of reactions could be cultivated from childhood through social conditioning [7]. Lack of adequate social conditioning takes away the ability of the individual to decide a reaction for restoration of valuable primary actions in others, who easily resort to violent reactions.

It is important for human beings to know that the beginning of several negative thoughts and actions starts in the mind of each person [8]. It is important to know that whatever is mentally created are only thoughts and emotions. Several of the mental creations remain virtual even though one may strongly believe in the physical

presence of the same. Mental devotion and faith in the presence of a spiritual force may provide the individual with immense strength, as the focused thinking taking place within the brain is a mental process, which may provide the individual with strength [9]. The self-hypnotic effects of self-suggestions are extraordinary, as the person may fail to understand that the physical presence of what is conceptualized and sensed is only that of mental imagery, as the object or sensation is not physically otherwise present at all. Each person gives purpose and meaning to the presence of mental imagery, based on the experiences and meaning ascribed to the world by the people and the self.

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