

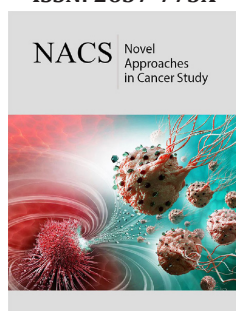
# Glioblastoma: Targeting Angiogenesis and Tyrosine Kinase Pathways

Ali S Arbab<sup>1</sup> and Meser M Ali<sup>2\*</sup>

<sup>1</sup>Tumor Angiogenesis Laboratory, Georgia Cancer Center, Augusta University, USA

<sup>2</sup>Cellular and Molecular Imaging Lab, Department of Neurosurgery, Henry Ford Hospital, USA

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**\*Corresponding author:** Meser M Ali, Cellular and Molecular Imaging Lab, Department of Neurosurgery, Detroit, MI, USA

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## Abstract

Angiogenesis is a hallmark of glioblastoma (GBM) and remains an important therapeutic target in its treatment, especially for recurrent GBM. GBMs are characterized by the release of vascular endothelial growth factor (VEGF), an important regulator and promoter of angiogenesis. Therefore, antiangiogenic therapies (AATs) targeting VEGF or VEGF receptors (VEGFRs) were designed and thought to be an effective tool for controlling the growth of GBM. However, recent results of different clinical trials using humanized monoclonal antibodies against VEGF (bevacizumab), as well as tyrosine kinase inhibitors (TKIs) that target different VEGFRs alone or in combination with other therapeutic agents demonstrated mixed results, with the majority of reports indicating that GBM developed resistance against antiangiogenic treatments.

**Keywords:** Glioblastoma; Angiogenesis; Tyrosine kinase inhibitors

## Introduction

Gliomas of astrocytic, oligodendroglial, and ependymal origin account for more than 80% of malignant brain tumors. Patients with these tumors who progress to grade IV glioblastoma (GBM), the most malignant histological subtype [1], have the poorest prognosis for survival, with high potential for fatal outcome [2]. GBM constitutes about 57% of the average annual age-adjusted incidence rate of all neuroepithelial tumors and about 48% of all malignant brain and CNS tumors [3,4]. Current treatment options include surgery, radiotherapy (RT), and chemotherapy (temozolomide). Unfortunately, prognosis remains extremely poor and the median survival of 12 to 15 months in GBM with optimal treatment, including resection, radiotherapy (RT), and chemotherapy has not changed much over 3 decades. Without resection, the mean survival time continues to be 3 months. Therapeutic options are limited and must address the infiltrative nature and prominent angio- and vasculo-genesis of these aggressive tumors to develop an effective therapeutic approach with a uniform outcome for all patients [5]. Herewith, we review the current focus on therapeutic targets – angiogenesis and tyrosine kinase (TK) pathways and how these targets are manipulated in chemotherapeutic development, and other novel therapeutic approaches for the treatment of GBM.

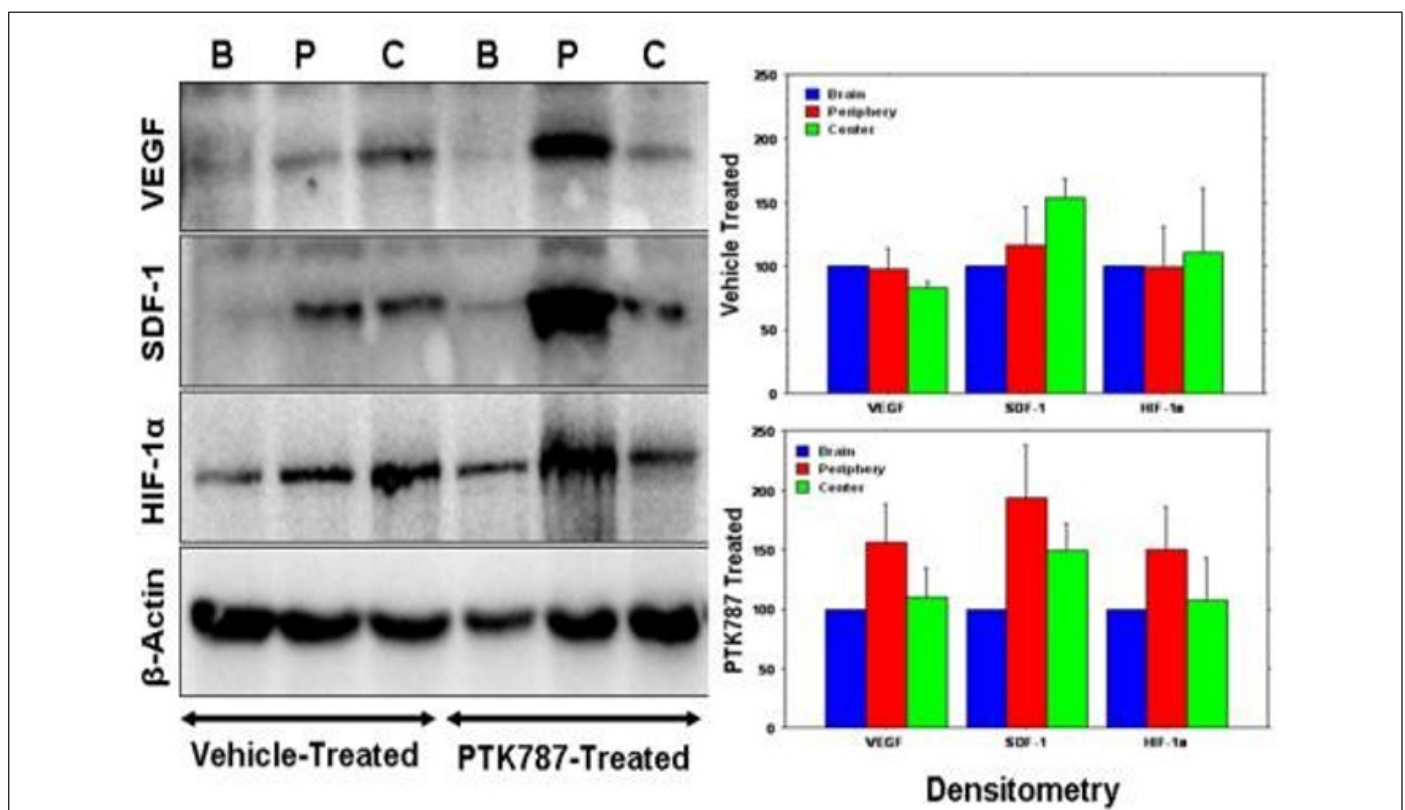
## Results and Discussion

Angiogenesis and increased vascularization are essential for the survival and proliferation of glioma cells [6]. On the other hand, malignant gliomas are characterized by the release of vascular endothelial growth factor (VEGF), an important regulator and promoter of angiogenesis [7]. The normal VEGF pathway starts when cells are lacking oxygen, which leads to the production of the hypoxia- inducible factor. This leads to releasing of VEGF followed by binding of the VEGF to VEGF receptors (VEGFRs), stimulating the tyrosine kinase pathway and ultimately resulting in angiogenesis [8,9]. Therefore, anti-angiogenic therapies targeting

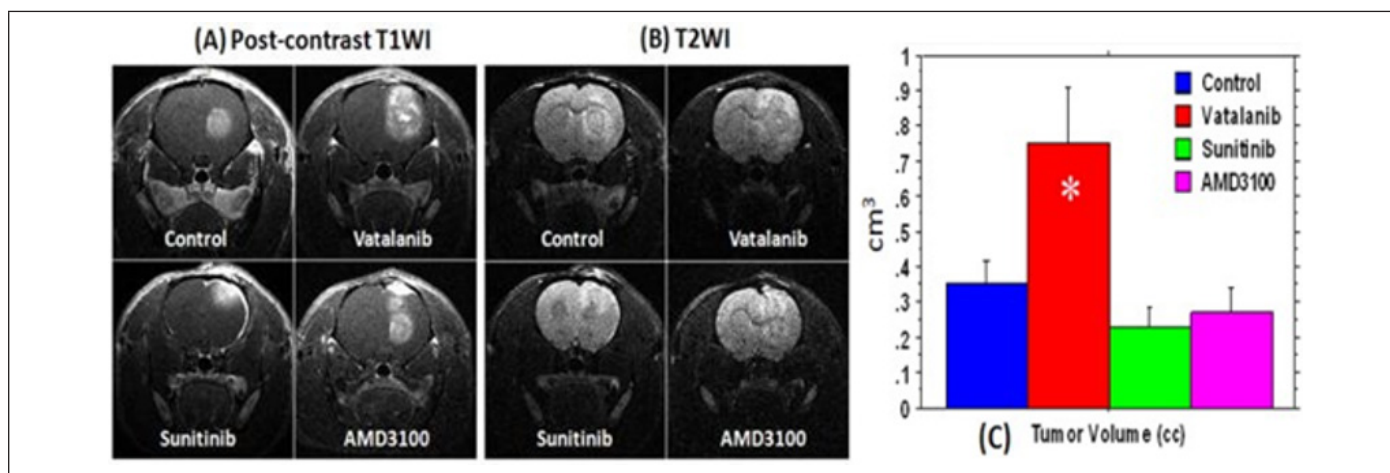
VEGF or VEGFRs have been designed and expected to be an effective strategy for controlling the growth of malignant gliomas. FDA approved Bevacizumab, a humanized monoclonal antibody against VEGF for recurrent GBM in 2009[10,11]. A subgroup of the patient population was benefitted when bevacizumab was combined with cytotoxic drug lomustine. Although anti-VEGF therapy has shown benefits in the reduction of vasogenic edema [9], several studies indicated that bevacizumab was not effective to improve overall survival in newly diagnosed GBM patients [12,13].

Other anti-angiogenic agents have been proposed for GBM treatment, such as VEGF receptor tyrosine kinase inhibitors. However, recent results of early clinical trials using small-molecule tyrosine kinase inhibitors (TKIs) that target different VEGFRs alone or in combination with other therapeutic agents [7,14,15] demonstrated mixed results, with the majority of reports indicating that gliomas developed resistance to the employed anti-angiogenic therapies [14,16,17]. Recently, VEGF-independent tumor vascularization and resistance to Bevacizumab have also been reported for patient-derived GBM model [18]. Our work [19] in a rat orthotopic human glioma model indicated paradoxically increased production of VEGF at the peripheral part of tumors, as well as, the elevated expression of hypoxia- inducible factor-

1 $\alpha$  (HIF-1 $\alpha$ ) and SDF-1 (Figure 1). Therefore, we extended our studies using broader tyrosine kinase inhibitors that affect not only the VEGFR tyrosine kinase but also other tyrosine kinases as well. One such drug is sunitinib, a small molecule multitarget receptor tyrosine kinase inhibitor, which is known to inhibit signaling through multiple receptors such as platelet-derived growth factor receptors (PDGFRs), VEGFRs, c-KIT, colony-stimulating factor-1 receptor, and fetal liver kinase 3-internal tandem duplication (FLT3-ITD). However, sunitinib treatment outcome was also not satisfactory (Figure 2). Therefore, it was thought that another probable mechanism of AAT resistance could include SDF-1 pathway-mediated mobilization of bone marrow-derived endothelial progenitor cells through CXCR4 receptors on these cells. A recent study shows that depleting bone marrow cells or CXCR4 interaction can potentiate the effect of vatalanib to some extent, but the overall therapeutic benefit is not significant [20]. SDF-1 is a strong chemoattractant for CXCR4 positive cells and hindering the interaction of SDF-1/CXCR4 could be a viable mechanism to prevent vasculogenesis. Continuous treatment with AMD3100, which is a potent CXCR4 receptor antagonist, or similar CXCR4 receptor antagonists can inhibit tumor growth by preventing vasculogenesis.



**Figure 1:** Expression of different angiogenic factors (tumors from representative cases at the peripheral (P), central part of the tumors (C) and contralateral brains (B). Note the increased expression of VEGF, SDF-1 and HIF- 1 $\alpha$  on western blot in tissues collected from peripheral part of the tumors, left panel) in the vehicle- and PTK787-treated part of PTK787 treated tumors. Right panel shows the densitometry analysis of the blot (%  $\beta$ -actin and normalized to contralateral brain). The analysis also confirmed the finding of the blot. Ali MM, Janic B, Babajani-Feremi A, Varma RS, Iskander ASM, et al. (2010) Changes in vascular permeability and expression of different angiogenic factors following anti-angiogenic treatment in rat glioma [19].



**Figure 2:** Effect of antiangiogenic treatment in U251 tumor determined by MRI. Postcontrast T1WI (A) and T2WI changes (B) after 2 weeks of antiangiogenic treatment with vatalanib, sunitinib, and AMD3100; tumor volumes measured after vehicle and drug treatment (C). Tumor volumes measured from post-contrast T1WI images are shown in Figure 2C. Compared to the control, tumors treated with vatalanib showed significantly increased volume following treatment ( $P < .01$ ) indicating that tumor activate alternative pathways for survival and growth. However, both sunitinib and AMD3100 treatments resulted in a nonsignificant decrease in the tumor size, compared to the vehicle treatment ( $P = 0.25$  and  $P = 0.45$ , respectively) [22]. Therefore, U-251 human malignant glioma tumors become refractory to anti-angiogenic therapy with VEGFR inhibitors [22].

We then further examined the effects of CXCR4 antagonists and TKIs on tumor growth and angiogenesis using a rat glioma model [21]. Although, the AMD3100-treated group demonstrated moderate tumor growth inhibition, significant changes in vascular density was not observed. Sunitinib-treated animals showed significantly higher migration of the invasive cells at the peripheral part of the tumor. However, both vatalanib- and AMD3100-treated animals, the invasive cell migration distance was relatively lower compared to that of control in the tumor boundary. None of these treatment options induced necrosis at the core of the tumor. But yet, tumor growth and the blood vessel development were continued with the overexpression of a series of pro-angiogenic factors [22]. Whole-genome exon sequencing studies implicate mutations in the receptor tyrosine kinase pathways (RTK) for driving tumor growth in over 80% of GBMs. In spite of various RTKs being mutated or altered in the majority of GBMs, clinical studies have not been able to demonstrate the efficacy of molecularly targeted therapies using TKIs in GBMs [23]. In addition, other anti-angiogenic agents including an RGD peptide (Cilengitide) that binds  $\alpha\beta3$  and  $\alpha\beta5$  integrins upregulated on tumor neovasculature also failed in clinical trials. Therefore, angiogenesis inhibitors, which attempt to prevent new blood vessels from forming (neovascularization) and do not generally target preexisting blood vessels are not sufficient to inhibit tumor angiogenesis [24,25]. Nevertheless, both AATs and TKIs induced hypoxia [26] as a compensatory effect of the applied therapies. One of the resistance mechanisms for AATs and TKIs therapies is the induction of hypoxia and subsequent up regulation of downstream genes.

Targeting of epidermal growth factor receptor (EGFR) with small molecules or monoclonal antibodies has been reported to offer no survival benefit, [27] despite the fact that EGFR is the most common genomically altered oncogene in GBM and targeting

EGFR has shown benefit in other cancers. Multiple kinase pathways are activated in GBMs and sorafenib is a small molecule multiple kinase inhibitor that inhibits RAF, VEGFR, PDGFR, c-KIT, and FMS-like tyrosine kinase-3 targets [28]. However, a phase III clinical trial of sorafenib alone also failed recently. Alternative therapies known as tumor-vascular disrupting agents diverge from anti-angiogenic strategies and directly target established tumor vasculature. We then investigated the therapeutic effect of the tumor-vascular disrupting agent nanocombretastatin (G3-CA4) in an orthotopic glioma model with MRI monitoring. Intravenous delivery of G3-CA4 across blood-brain tumor barrier (BBTB) showed a significant tumor blood flow decrease in an experimental rat model of glioma. In addition, G3-CA4 induced intratumoral blood vessels collapse leading to necrosis at the core of the tumor while the blood vessels at the periphery were alive [29].

## Conclusion

A potent antiangiogenic strategy for controlling tumors has developed with endothelial cells in the tumor vasculatures as the target. The strategy can work either by delivery of drug substances inhibiting the pro-angiogenic factors that induce proliferation and migration of these cells to form blood vessels or by simply killing these cells but the latter has much greater risks if selectivity is inadequate. Inhibition of angiogenic factors such as VEGF, basic fibroblast growth factor, or their cognate receptors in endothelial cells of the growing vasculature is not sufficient to inhibit tumor angiogenesis. Both AATs and TKIs induced hypoxia [26] as a compensatory effect of the applied therapies. One of the resistance mechanisms for AATs and TKIs therapies is the induction of hypoxia and subsequent upregulation of downstream genes. Therefore, targeting hypoxia as well as hypoxia-regulated downstream genes may enhance the outcome of AATs, TKIs, and radiotherapy.

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