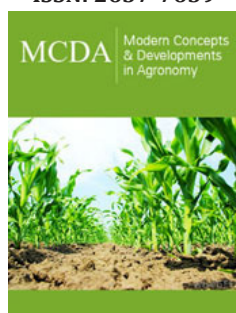


The Photoperiod/Light Intensity Ratio Affects the Yield of Microgreens Within One Daylight Integral

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Abstract

We present the results of two modes of illumination of microgreens when growing with photoperiod/intensity ratios of 8/200 and 16/100 under equal daylight integrals. The modes of operation of the lighting system had different effects on both types of microgreens. A short photoperiod with high light intensity is a promising lighting mode that will allow the use of night hours of electricity consumption at low cost.

Keywords: Light intensity; Photoperiod; Fresh weight; Dry weight; Microgreens

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Introduction

Microgreens have a higher content of useful phytochemicals than for their mature plants [1], as well as a short growing period of 7-10 days. The level of Photocytotic Photon Flux (PPFD) and photoperiod are important in growing microgreens. Analysis of studies [2-6] shows that the effective PPFD for microgreens is in the range of 100-200 $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$. Presumably, the variation in the intensity value is due to the different photoperiod in the experiments (from 8 to 20 hours/day). The purpose of this study is to determine the best ratio of light intensity and photoperiod within one daylight integral, as well as to determine the ratio of red and blue light in the presence of far-red spectrum, taking into account the differential tariff for electricity.

Materials and Methods

The studies were conducted in an enclosed chamber without access to natural light. The air temperature during the experiment was 23-26 °C with a relative humidity of 50-60%. Growing period of microgreens was 7 days for radish and 9 days for cabbage. Microgreen cabbage "Mitsuna" and radish "Octava" plants were planted in pots (160x100x80mm) with peat. Irrigation was carried out once a day. We started to use artificial lighting from the first day. For illumination were used LED units with the ratio of colors in the total spectrum blue (B): red (R): far red (FR)=27.3%:57.7%:15%. Two irradiation methods were compared with a photoperiod/intensity ratio of 8/200 and 16/100 within an equal daylight integral.

Results and Discussion

The lighting regimes had different effects on both microgreens (Figure 1). The average fresh weight of cabbage microgreens was 41.45g/pot and 30.52g/pot at photoperiods of 8 and 16 hours, respectively (light intensities of 200 and 100 $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$). The average fresh weight of radish microgreens was 25.53g/pot and 50.52g/pot at photoperiods of 8 and 16 hours, respectively (light intensity 200 and 100 $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$). The average dry weight of the

cabbage microgreens was 2.30g/pot and 2.19g/pot at photoperiods of 8 and 16 hours, respectively. The average dry weight of radish microgreens was 1.42g/pot and 3.63g/pot at photoperiods of 8

and 16h, respectively (light intensity 200 and 100 $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$). In studies [7,8], extension of photoperiod and reduction of PPFD increased the growth of fresh and dry weight of lettuce and mizuna.

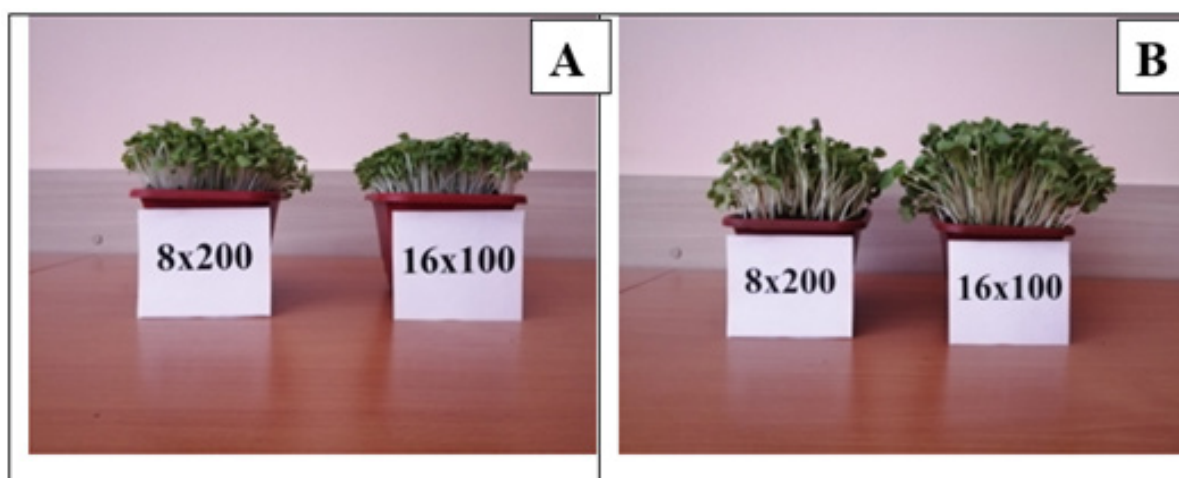


Figure 1: Appearance of microgreen cabbage (A) and radish (B) crops.

Perspective

The study showed that the photoperiod/light intensity ratio has different effects on different varieties of microgreens. A promising way to illuminate microgreens in their cultivation is an 8-hour photoperiod at a light intensity of 200 $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$. A short photoperiod with high light intensity will allow the use of night hours of electricity consumption at low cost, which will reduce the financial cost in the cost of production.

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