



Integrative Treatment of Type 1 Diabetic Patients



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Abstract

Type 1 diabetes is usually juvenile onset but may occur at any age. It is a chronic autoimmune condition, in which the pancreas produces little or no insulin. Insulin is a hormone needed to allow glucose to enter cells to produce energy. Yearly more than 200,000 cases are diagnosed in the US according to the website, www.jdrfdsw.org/diabetes. However 80% i.e. 12 out of 15 of my patients had better numbers after taking homeopathic remedies. The results show a true and direct association between the use of homeopathic remedies and the lowering of FBS, and A1c. An indirect relationship between using the remedies and the need for insulin injections was reported. Increased need for insulin after discontinuing the remedies was also observed that is another valuable sign of the effects of the homeopathic remedies. Randomized clinical trials are suggested to assess the efficacy of homeopathic remedies in lowering and normalizing fasting blood glucose and HgbA1c.

Introduction

Type 1 diabetes is usually juvenile onset but may occur at any age. It is a chronic autoimmune condition, in which the pancreas produces little or no insulin. Insulin is a hormone needed to allow glucose to enter cells to produce energy. It occurs when the body's own immune system destroys the insulin-producing cells of the pancreas (called beta cells). Yearly more than 200,000 cases are diagnosed in the US according to the website, www.jdrfdsw.org/diabetes. However 80% i.e. 12 out of 15 of my patients had better numbers after taking homeopathic remedies. Why?

"Healing of beta cells after high dilution remedies reach them i.e. part of dead Beta cells come to life after the entrance of the remedies. After discontinuing homeopathic remedies, beta cells are attacked by the autoimmune particles and the need to insulin rises again. (My hypothesis) Patients always need Insulin and are prone to ketoacidosis and weight loss. It is associated with other autoimmune diseases (>90% carry HLADR 3 and/or DR4). However in 80% of my patients the need to insulin decreased, and when they didn't use the remedies their numbers rose again and their need to insulin increased thereafter.

Materials and Methods

It is a chronic autoimmune condition, in which the pancreas produces little or no insulin. Insulin is a hormone needed to allow glucose to enter cells to produce energy. Afterwards their rubrics were repertories i.e. analyzed by the Radar diagnostic software, to select the best possible remedy. Their blood sugars were monitored 3-5 times a day at home by standard glucometers. HGBA1c was

tested every 3 months. They were told to continue taking their insulin as prescribed by their physicians. A formula was taught to them to taper their insulin as soon as they observed lowering of their fasting blood sugar. Female to male ratio: 9 patients were female i.e. 60% and the 6 other were male, i.e. 40% (Figure 1).

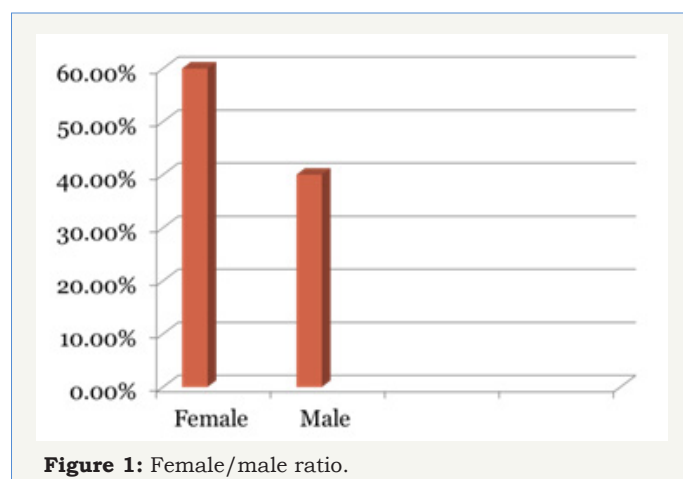
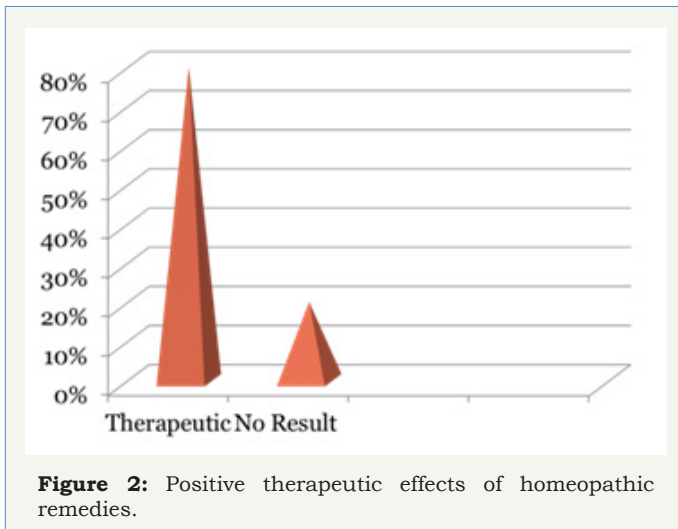


Figure 1: Female/male ratio.

Results

Eighty percent of the patients experienced better numbers of FBS and HgbA1c after taking homeopathic remedies including Phosphorus, Lachesis, Lycopodium, Natrium Muriaticum, Syzygium, Nux-vomica (Figure 2). More than 50% of the patients' parents reported better behavior and more compliance in addition to better FBS and A1c [1-4].



Conclusion

The results show a true and direct association between the use of homeopathic remedies and the lowering of FBS, and A1c. An indirect relationship between using the remedies and the need for insulin injections was reported. Increased need for insulin after discontinuing the remedies, was also observed that is another valuable sign of the effects of the homeopathic remedies. Randomized clinical trials are suggested to assess the efficacy of homeopathic remedies in lowering and normalizing fasting blood glucose and HgbA1c.

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