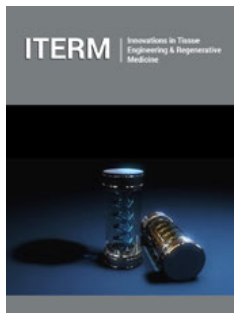


# New Regenerative Medicine in Postoperative Functional Recovery, Empowered by Adipose-Derived Stomal Cells



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## Abstract

In gastroenterological fields, curative surgical resection leads good survival; however, defective function may be caused as the postoperative complications, resulting in poor quality of life. Regarding the cases of tumor or disease located at the lower rectum, although surgical resection is commonly performed, it also carries increased risks of function loss. Defecation disorders after rectal surgery are termed Low Anterior Resection Syndrome (LARS), and the major (severe) LARS is serious postoperative complication, and some predictive models were reported previously. However, there are still few reports on effective treatments for LARS which can be performed after the operation. The interdisciplinary field of regenerative medicine offers strategies that can potentially restore injured tissues and organs. Adipose-Derived Stromal Cells (ASCs) are an abundant and accessible source of adult stem cells. We believe that stromal material/ASC-based therapies are a promising strategy for the regeneration of tissues and function restoration after severe injury due to surgery. This mini-review provides an overview of the utility of the ASCs-based therapies, and we discuss future prospects by the regenerative medicine-based therapies.


**Keywords:** Regenerative medicine; Postoperative functional recovery; Adipose; Stomal cells; Postoperative complications; Gastroenterological fields; Function restoration; Rectal surgery

## Introduction

Colorectal cancer is one of the most common cancers in the world [1]. In cases of tumor or disease located at the lower rectum, surgical resection is commonly performed for curative treatment. But, surgery for lower rectum frequently causes defecation disorders, with a reported incidence of 37-71% [2-4]. Defecation disorders after rectal cancer surgery are termed Low Anterior Resection Syndrome (LARS). The LARS is serious complication that significantly reduces quality of life, and some predictive model of LARS occurrence were reported. Although various predictive models have been constructed, there are still few reports on effective treatments for LARS. Thus, it remains to be solved for the postoperative concerns, and it is necessary for efficacious treatment strategies to restore the functions and improve the defecation disorders. The field of regenerative medicine has been rapidly evolving and now offers multiple strategies to compensate for or fully restore the lost/impaired function and/or structure. In particular, Adipose-Derived Stromal Cells (ASCs) are promising therapeutic agents for tissue regeneration owing to their stem cell potency [5]. And, the ASCs has been reported as a new treatment for several diseases and is attracting attention. We consider that the ASCs-based therapies are a promising strategy for the regeneration of tissues and function restoration after severe injury due to surgery. In this mini-review, we describe defecation disorders after rectal resection and summarize the application and potential of ASCs as a novel treatment for several diseases. We also discuss future prospects by the ASCs-based therapies.

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**Submission:**  May 17, 2023

**Published:**  May 26, 2023

Volume 2 - Issue 1

**How to cite this article:** Rie Hayashi, Norikatsu Miyoshi\* and Shiki Fujino. New Regenerative Medicine in Postoperative Functional Recovery, Empowered by Adipose-Derived Stomal Cells. *Innovations Tissue Eng Regen Med.* 2(1). ITERM.000526.2023.

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## Defecation Disorders after Rectal Resection and Predictive Models

In cases of tumor or other serious diseases located at the lower rectum and close to the anal canal, tumor surgical resection is commonly performed. Recently, total mesorectal excision and Intersphincteric Resection (ISR) have become widespread in treating rectal cancer [6,7]. This technique has reduced the local recurrence, but results in negatively impacted anorectal function [8,9]. Surgery for rectal cancer, particularly low rectal cancer, frequently causes defecation disorders, with a reported incidence of 37-71% [2-4]. The spectrum of symptoms associated with postoperative defecation disorders and the associated bowel-related quality of life impairment has been termed Low Anterior Resection Syndrome (LARS). The LARS score is an index used to assess the severity of LARS [10], and the LARS score can accurately measure the severity of postoperative defecation disorders and it has been proven to correlate well with quality of life measures. The LARS is one of the serious postoperative complications, and some predictive models were reported. For example, a European group created a nomogram of a predictive model of LARS occurrence after rectal cancer surgery [11]. The key variables identified from both cohorts were age, gender, tumor height from the anal verge, use of defunctioning ileostomy, preoperative radiotherapy and a TME compared with a partial, mesorectal excision. And, we also reported the predictive model of the LARS [12]. We found that sex, age, and tumor location were independent predictors of major LARS in Japanese patients that underwent rectal cancer surgery. Thus, although several prediction models of LARS have been reported, there are still few reports on effective treatments for LARS.

## ASCs as a Potential Treatment for Defecation Disorders

The field of regenerative medicine has been rapidly evolving and now offers multiple strategies to compensate for or fully restore the lost/impaired function and/or structure. Cell transplantation for organ and tissue regeneration involves the use of stem cells [13]. Regenerative medicine based on autologous Mesenchymal Stem Cells (MSCs) is a promising frontier for the regeneration of tissues and function restoration after severe injury due to surgery. MSCs can be retrieved from multiple tissues and adipose tissue is considered their largest source [14]. ASCs are considered ideal for application in regenerative therapies, since they show multilineage differentiation ability. ASCs also provide a less invasive therapeutic approach, as they are easily accessible and have expansion potential, and their plasticity allows these cells to differentiate into multiple lineages. Several reports have described the utility of the ASCs as novel treatments for some diseases. For example, Osteoarthritis (OA), breast reconstruction in breast cancer patients, and Rheumatoid Arthritis (RA) were reported [15-17].

An Italian group injected autologous concentrated adipose tissue into the knee, and reported the treatment resulted safe, and patients improved in terms of pain reduction and function [15]. We also reported the regeneration of the femoral muscles

by ASCs [18]. We transplanted cells isolated from human stromal tissues, including a 6%-7% ASC population, into heat-damaged femoral muscles of non-obese diabetic immunodeficient mice. The movement of the limbs was observed to determine the functional recovery three months after transplantation. In the control group, only 20% were able to walk, while in the ASC-treatment group, all mice were able to walk with all limbs. Furthermore, all mice in the ASC-treatment group were able to stand on both back paws; the opposite trend was observed in the control group, in which none of the mice were able to stand on both back paws. Our results suggested that ASCs could be an effective regenerative medicine leading to restore the functions of damaged tissues and organs by surgery, leading to the function recovery of the defecation disorders.

## Possibility of Improving the Efficacy of ASC Treatment by Activating Anti-Aging Genes

The possibility that treatment with ASCs may be effective for postoperative defecation disorders has been discussed, but some factors that promotes regeneration may be necessary. The role of the mitochondria in organ function is critical with increased mitochondrial apoptosis with accelerated aging [19]. The role of anti-aging genes in organ disease has become of central interest to maintain mitochondria functions. Since anti-aging genes are involved in cell proliferation, they may have applications in regenerative medicine. For example, Sirtuin1 (Sirt1), which is one of the anti-aging genes, is involved in telomerase reverse transcriptase and genomic DNA repair with its involvement in telomere maintenance that maintains chromosome stability and cell proliferation. Sirt1 is essential for neurogenesis and calorie restriction activates Sirt1 with effects on longevity by modulation of phosphoinositide 3 kinase pathways and age associated cardiovascular changes. There is a reports of applying Sirt 1 to ASC treatment [20]. It was reported, that resveratrol activates the Sirt1, which inhibits NF- $\kappa$ B signaling by deacetylating the p65 subunit of NF- $\kappa$ B complex and thus protects the cells against apoptosis [21]. The ASCs treated with resveratrol, herein called SIRT+, in alginate hydrogel were applied to 5 years old warm breed mare was clinically evaluated due to the left hind lameness due to subchondral bone cyst. After therapy, complete bone remodeling occurred and the horse came back to training. This case report suggested that SIRT1+ cells exhibit antiaging and anti-oxidative properties might enhance multipotency of ASCs. The combination of anti-aging gene activation and ACS treatment may provide further regenerative benefits.

## Future Prospects by the ASCs-Based Therapies

ASCs are useful for tissue regeneration and we believed that ASCs can be applied to postoperative functional recovery, defecation disorders. We created an anal sphincter injury mouse model by means of a balloon catheter and reported the utility of the mouse model and the efficacy of electrical stimulation as a treatment modality using this model [22]. To induce anal sphincter injury, a balloon catheter (outer diameter: 10mm) was used. The balloon dilation time was set at 2 min and was performed twice. Now, our plan to administer ASCs to the rectum of this mouse

model is undergoing to evaluate the regeneration of the damaged anal sphincter, and next future of human trials.

## Conclusion

ASCs can be an effective treatment to improve the postoperative complication which is anal sphincter disorders after rectal resection, resulting in better quality of life. And it may be required to use activators that rapidly stimulate regeneration. Further benefits can be provided by the combination of anti-aging gene activation and ASCs. It is necessary to examine safety and efficacy in a mouse model and demonstrate them through application to humans in the future.

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