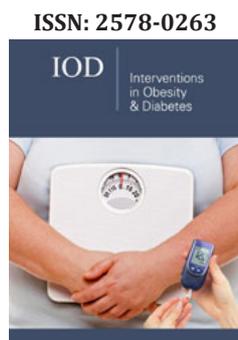


An Easy Way to Improve Arterial Atheroscleroses

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Opinion

Miguel Dovronsky proposed in around 1980 so-called “Protein-diet”. His theory was as follows: Pure protein is decomposed to amino acid mixture in the alimentary canal. The mixture enters the liver via the portal vein. The liver re-synthesizes another protein out of the amino acid mixture consuming a certain amount of energy, which is supplied by decomposing unnecessary tissue like subdermal fat. Hence, you can lose weight without food-restriction and/or physical exercise. Blood sugar level ought to be reduced before the weight-loss. Another way of the same intervention is so-called “Egg-diet”. Its action-mechanism is as follows: Egg-white mainly consists of albumin; a pure protein. Egg-yolk mainly consists of nucleic acids, which are decomposed to mixture of mononucleotides in the alimentary canal. The latter enters the liver via the portal vein. The liver re-synthesizes other nucleic acids out of the mono nucleotides consuming energy reducing blood sugar level and body-weight. The third benefit of protein-diet is improvement of arterial atherosclerosis. Bases thereof are that rises in the hepatic energy-consumption bring about quantitative decrease in arterial atheroscleroses. There are a large number of cases of DM that showed good course with above-mentioned diets in my clinic.

A 35-year-old man (Y. U.) came to my clinic on July 30, 2011 complaining frequent suffering from heavy dizziness. His blood test revealed an extremely high activity (1738U/L; normally 38~196U/L) of Creatine Phosphate Kinase; an enzyme abundant in the heart-muscle. Its probable cause is ischemic necrosis of a part of heart muscle due to the coronary arterial atherosclerosis. I prescribed him with 18g daily of ES-Polytamin Granules; a product of EA Pharma Company, Ltd. (Tokyo) consisting of mixture of essential amino acids, during the period from July 31, 2011 to October 31, 2012. His blood test performed on April 28, 2012 showed a normal activity of Creatine Phosphate Kinase(79U/L). He currently is taking pure protein or its alternatives continuously.

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