

## Brazilian Butt Lifts: An Editorial

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### Abstract

In this editorial risks and benefits of buttock enhancement are discussed with a special emphasis on Brazilian butt lift procedures. Hopefully, brain enhancement is winning from buttock enhancement.

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### Introduction

It is rather strange to read at International Women's Day the first report of a buttock implant leading to fatal lymphoma, a complication that we know until now only of breast implants [1,2] Buttock enhancement is mostly performed with autologous fat injection rather than with silicone implants. However, these Brazilian butt lift procedures are the deadliest in aesthetic surgery. One in every 3000 patients dies of a fat embolism. Injecting fat into the buttocks can easily lead to serious problems if done incorrectly [3]. Most of the 33 deaths have been attributed to unqualified doctors, but underreporting is very likely. Besides fatal fat embolism, sepsis and gangrene can also be fatal [3]. For those who have ever watched the TV series "Botched" may be surprised on the vast number of doctors that perform these types of surgeries who seem to have very questionable qualifications. In a celebrity and beauty obsessed society this practice continues. Hopefully, brain enhancement is winning from buttock enhancement.

### Conclusion

It is obvious that the risks outweigh the benefits of buttock enhancement.

### References

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