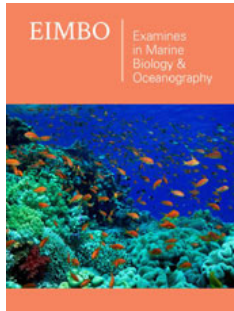


# Marine Regional Parks and Cultural Heritage: A Potential Meeting in the Calabria Coastal Region (Southern Italy)

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## Abstract

The marine regional parks in Calabria were established to protect some of the most important coastal seaways of the region, at biological and environmental levels. At the same time, these protected areas were established to value the Zones of Special Conservation located along the regional coastline. Indeed, Calabria coastal regions hold a rich cultural heritage made of towers, castles, churches and water mills located in seaboard areas within the coastal landscape of marine regional parks. In this way, there is a tight connection between natural and cultural goods widespread in littoral areas. However these natural and cultural goods are, actually, threatened by coastal erosion and by human pressures, leading to the decay and, in some cases, to the disappearance of these resources. To solve this issue, it is necessary to protect such heritage, including all the natural and cultural goods still existing in Calabria coastal regions. The paper highlights these close relationships within a process of an effective Integrated Coastal Zone Management.

**Keywords:** Calabria; Marine regional parks; Natural resources; Cultural heritage; Integrated coastal zone management

## Introduction

Coastal regions keep up economic, social and environmental values for mankind [1,2]. This transitional landscape, between land and sea, extended from coastal plains to the outer limits of continental shelf [3], provides the food resources required for human well-being through commercial fishing and aquaculture. Indeed, in the landward sides of seaboard areas there are many industrial and agricultural activities very useful for the social and economic development of local people. Finally, littoral stretches hold an important and increasing tourist flow and, above all, house about the 70% of world population [4]. The transboundary nature of coastal seas needs for a Marine Spatial Planning (MSP) program connecting land to sea into an Integrated Coastal Zone Management process (hereafter, ICZM), as highlighted by European Union (EU), through the MSP Directive, ICZM Protocol and other international conventions [5,6]. At the same time, this integrated approach is moving towards a more effective Ecosystem-Based Management (EBM) of coastal areas [7], melting cultural heritage and coastal ecosystems into a social and ecological pattern [8]. However, the connection Man-Sea has been always a potential source of conflictual relationships, increasing in these last decades. So, mankind has overexploited the natural resources well beyond the carrying capacity of coastal system. In Italy, the decay of littoral areas is mainly caused by human pressures connected to terrestrial driving forces affecting coastlines. In time, the rough

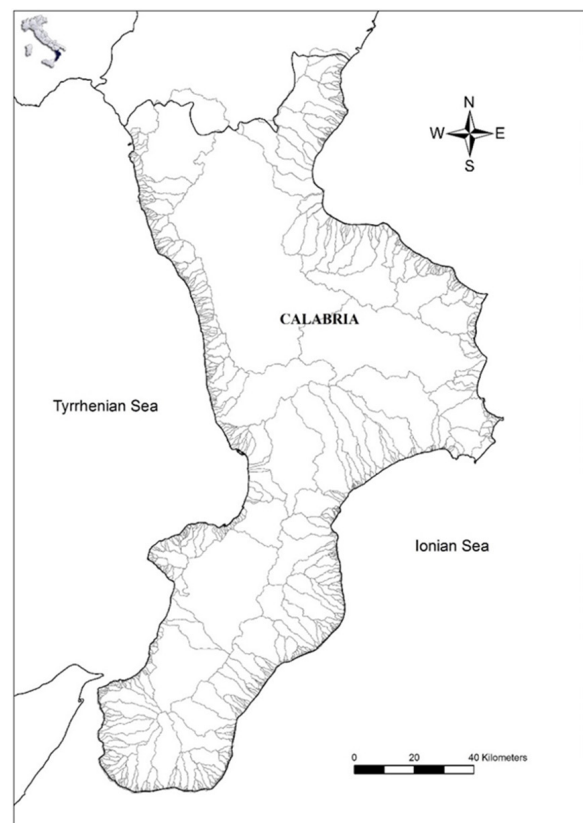
development of socio-economic activities has affected coastal regions through maritime infrastructures, overfishing, discharges of urban wastes, marine pollution and shifts in the structure of marine ecosystems. All these topics are clearly related to an uncontrolled coastal development causing the disappearance of some marine habitats.

The intensive use of coastal region, its rough urbanization, without any restrictions and the overexploitation of marine resources, have been factors unbalancing marine ecosystems. Also, pollution processes of seawaters by industrial and domestic origins make an important role affecting coastal habitats [9]. As regards the national cultural heritage, there are a total of 14.000 archaeological and architectural goods exposed to hydrological and geo-morphological risks while 28.483 sites are potentially subjected to flooding events. Globally, the 33% of these historical goods are subjected to the risk of coastal erosion [9]. In the Calabria region, there are six Marine Regional Parks (hereafter, MRP), established with regional laws between 2008 and 2022 and managed by MRP regional board. These protected areas cover a global marine surface of 17390.58ha, concerning the most valuable coastal regions at biological and environmental levels. These seaward areas are overlapped with ten marine Zones of Special Conservation (hereafter, ZSC), representing an important hotspot for marine biodiversity. Side by side, Calabria coastal regions hold a rich cultural heritage, made by 63 cultural heritage sites, [10], distinguished in castles, churches, towers, fishponds, water mills and other historical goods widespread along the regional coastline, where still exists a rich cultural heritage located in seaboard areas, as in other Italian littoral regions [11]. In this way, Calabria becomes an ideal model where lives altogether, along its coastline, a great richness of natural and cultural goods, all connected in the same coastal region. Therefore, it could be hoped to melt scientific, policy and administrative levels into a new kind of ICZM planning [12], so to merge the environmental value of natural goods with the presence of human being [13]. In this way, natural and cultural values, joining land and sea, should be strictly connected to play an important role for the sustainable development of coastal regions. This study aims to analyse the connections between natural and cultural goods within a process of ICZM in Calabria seaboard areas.

### Study Area

Calabria is the southernmost tip of Italy, being the hill of Italian peninsula. The regional coastline shows an overall extension of 715.7Km., as about 9.7% of the whole Italian littoral boundary. Calabria landscape is formed by uplands and hilly areas, as respectively 42% and 49% of the regional territory, while only the 9% of its continental landward is made by plains [14]. This region, at the centre of Mediterranean Sea, is washed, on its western side, by the Tyrrhenian Sea for a coastline length of 242Km., while the eastern side is surrounded by the Ionian Sea along 474Km. length. In particular, the western seaside of the region is in poor conditions and the 52% of its coastline can be valued at high risk for the realization, close to the beaches, of coastal buildings related to urban settlements. It follows that erosive processes can cause remarkable

losses of human infrastructures while the works of coastal defence cover just 37Km. of Tyrrhenian coastline. In the Ionian seaboard areas, the erosive crisis has been less extended and it appears more related to late times. In this way, coastal stretches at high risk, as the 40% of sandy beaches, are located in the southern area, where these littoral regions, strongly hardened by urbanization and by road infrastructures are protected by defensive works for about 22km. Along the north-eastern coastal zone of Calabria, the conditions are more stable and just the 30% of sandy beaches are at low risk of erosion for the poor development of urban settlements [15]. The geological pattern of the regional coastline is characterized by rocky coasts, as the 55% of the whole while sandy beaches cover the 45% of the regional coastline [16]. The two seashores of Calabria are strictly connected by a complex network of fluvial catchments, represented by 36 main basins, 75 secondary catchments and 591 little ones [11], as established by the former Italian Hydrographic Service, recently updated on a regional scale by the Regional Agency for Environmental Protection (ARPACAL, <http://www.cdf.calabria.it>). So, the continental landscape of the region is mainly characterized, by small catchment areas where the river channel slopes reach values up to 20%, favouring fast water flows with a high solid transport load [17-19]. In such conditions, the drainage network shows deep incisions exposed to landslides and flooding events [20-23]. This hydrographic outline is extended in the continental regional landscape, where the widespread presence of riverine basins could be compared with the blood vessels of a human cardiovascular system (Figure 1).



**Figure 1:** Geographic map and hydrographic network of Calabria.

The mountain pattern of Calabria makes it as one of the rainiest regions in Italy with an annual rainfall of 1.151mm/year against a national trend of 970mm/year [24,25]. In particular, short and heavy rainfalls occur frequently on the Calabria Tyrrhenian coasts reaching values up to 200mm cumulated in just three hours [26]. In this climate regime, flooding events can, often, affect the courses of streams and riverine outlets, causing damages and economic losses in urbanized littoral areas [19,26]. Finally, Calabria is an important cultural region, representing a crossroad of different and various civilizations for the historical presence of Greek and Roman dominations, leaving a lot of archeological sites. Afterwards, the region was dominated by Byzantines and later by Lombards and Normans with their anthropological and historical remnants [27], enriching the Calabria cultural heritage.

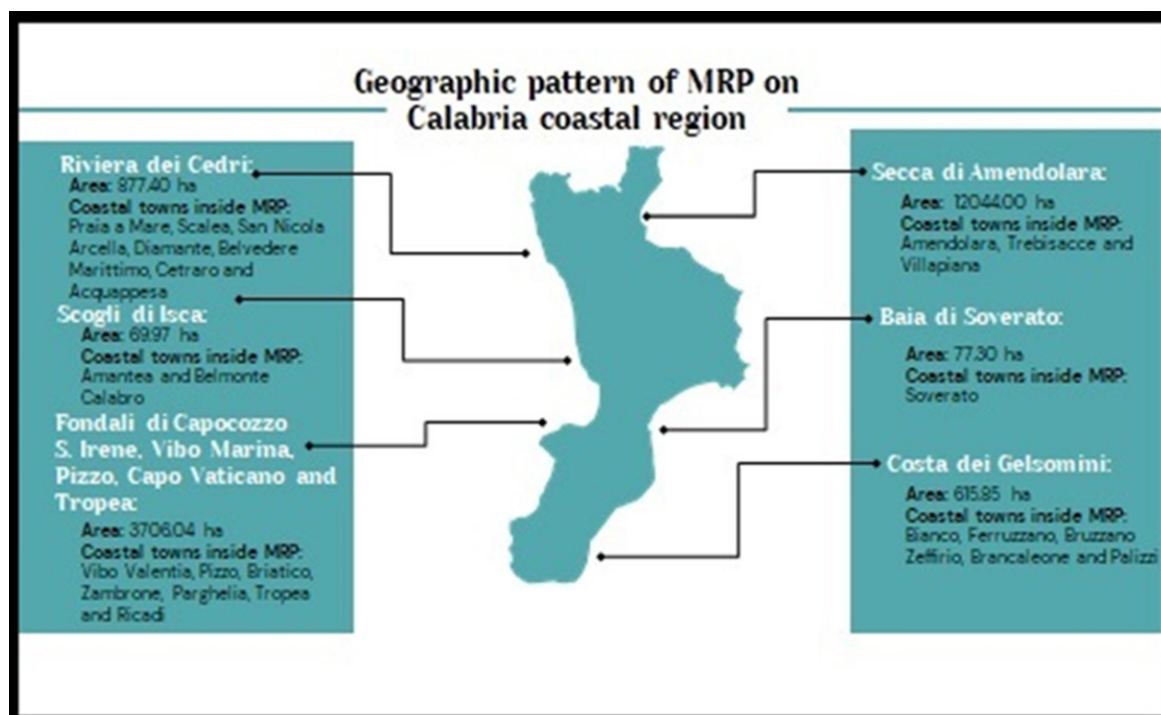
## Materials and Methods

In this study, it is necessary to analyse the geographic distribution of MRP and, at the same time, the spatial pattern of cultural heritage sites, highlighting their relationships. This effort aims to develop an integrated approach towards the improvement of natural and cultural goods. All the data, regarding MRP, have been drawn by informative layers released by the Calabria MRP regional board at <https://www.parchimarinalabdia.it>. Side by side, the information regarding cultural heritage sites have been deduced by literature [28,29]. Indeed, the locations of MRP, ZSC and historical goods have been stated through topographic maps edited by Calabria Region on 2016 year. In particular, as regards

the cultural sites widespread along the Calabrian coasts, it has been considered only the historical goods within an area of three hundred meters from the regional coastline. Finally, it has been highlighted the great richness of natural and cultural values still existing in the two islands of Cirella and Dino along the Thyrrhenian Calabria coast, according to the guidelines established by the article 12 of ICZM protocol. Finally, all the data have been processed through Geographic Information System (Qantum GIS 17.0) [30], overlapping the cartographic elements with digital images derived by Google Earth Maps on 2024 year.

## Results

Calabria region holds six MRP for a total surface area of 17330.58ha. of which Riviera dei Cedri, Scogli di Isca and Fondali di Capocozzo, S.Irene, Vibo Marina, Pizzo, Capo Vaticano and Tropea, (named also Costa degli Dei), are located along the western Tyrrhenian coast of the region, covering 4653.42ha. On the eastern coastline of Calabria, washed by Ionian Sea, there are other three MRP named Costa dei Gelsomini, Baia di Soverato and Secca di Amendolara for a whole surface area of 12737.16ha. (Figure 2). All these MRP, established by Calabria Region and managed by its regional board, are overlaid with ten ZSC inserted into Natura 2000 network and located on seaboard and marine areas within 300 from the regional coastline. In this way, ZSC are established to protect some endangered species [31] and priority habitats, as *Posidonia oceanica* meadows (Figure 3) within the Red List of International Union for Conservation of Nature (IUCN) [32].



**Figure 2:** Geographic distribution of Calabria MRP.





**Figure 3:** *Posidonia oceanica* meadow in the coastal seawaters of “Riviera dei Cedri” MRP.

Finally, this study highlights the presence of some important cultural goods, distinguished in 8 coastal towers, 1 water mill, 1 fishpond and 1 castle, located into MRPs or in their neighbourhood (Table 1). Among archeological sites, coastal towers are the most widespread cultural goods along the regional coastline, as the case of “Torre di Fiuzzi” and “Torre di Crawford” located in MRP “Riviera

dei Cedri” and close to the regional coastline (Figure 4). With the purpose to highlight the integration between cultural heritage sites, priority habitats and MRP within ICZM process, a case study, located in the island of Cirella, has been chosen along the Calabria Tyrrhenian coast. This choice aims to highlight that both natural and cultural goods could be integrated in the same landscape unit.

**Table 1:** Areas of MRPs and their relationships with ZSCs, natural and cultural goods.

MRP	Areas (Ha)	ZSC	Code Numbers	Natural Goods	Cultural Goods
Riviera Dei Cedri	877.4	Fondali Isola Di Dino	IT 9310034	<i>Juniperus phoenicea L.</i> <i>Anthyllis barba-jovis L.</i> <i>Pteris vittata L. Primula palinuri</i> <i>Petagna Dianthus rupicola Biv.</i> <i>Posidonia oceanica L. (Delile)</i>	4 Coastal towers
		Isola Di Cirella	IT 9310037		
		Fondali Di Capo Tirone	IT 9310033		
		Scogliera Dei Rizzi	IT 9310038		
Scogli Di Isca	69.97	Fondali Scogli Di Isca	IT 9310039	<i>Posidonia oceanica L. (Delile)</i> <i>Anthipatella subpinnata Ellis &amp; Solander, 1786</i> <i>Caretta caretta L.</i>	1 Watermill
Costa Degli Dei	3706.05	Fondali Di Capocozzo – S. Irene	IT 9340094	<i>Posidonia oceanica L. (Delile)</i> <i>Caretta caretta L.</i>	1 Fishpond
		Fondali Di Pizzo	IT 9340092		1 Coastal tower
		Fondali Di Capo Vaticano	IT93400093		1 Castle
Costa Dei Gelsomini	615.86	Spiaggia Di Brancaleone	IT 93500160	<i>Caretta caretta L.</i>	1 Coastal tower
Baia Di Soverato	77.3			<i>Hippocampus hippocampus L.</i> <i>Hippocampus guttulatus Cuvier, 1829</i>	1 Coastal tower
Secca Di Amendolara	17330.58	Secca Di Amendolara	IT 9310053	<i>Corallium rubrum L.</i> <i>Anthipatella subpinnata Ellis &amp; Solander, 1786</i>	1 Coastal tower

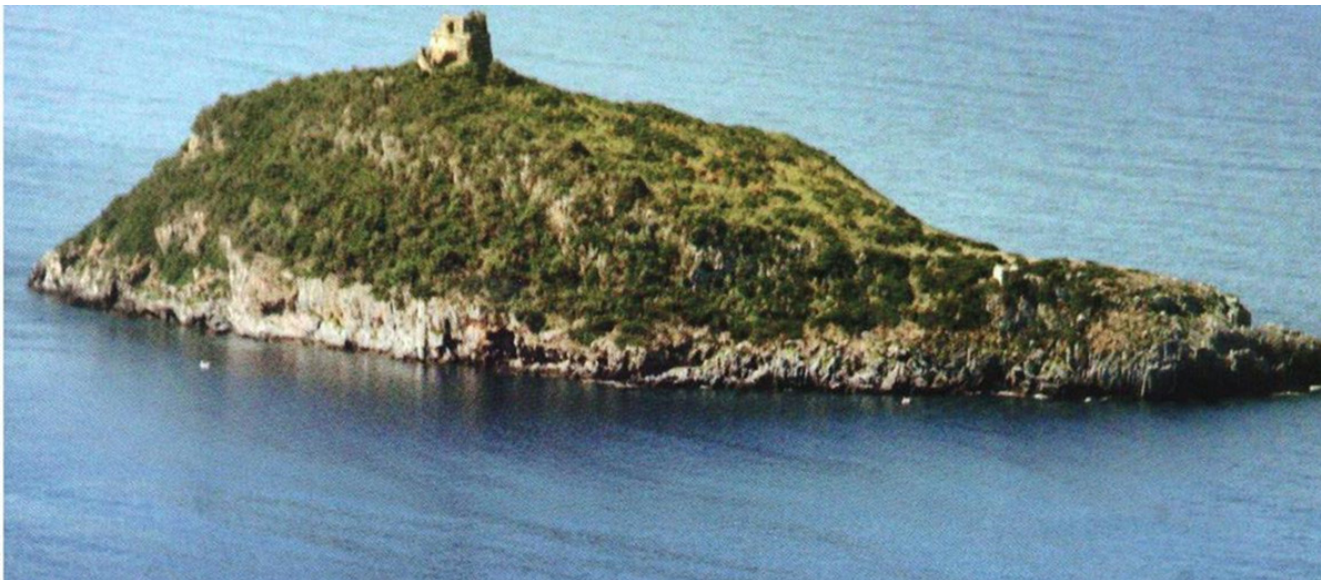


**Figure 4:** The coastal towers “Torre di Fiuzzi”, on the left,, and “Torre di Crawford”, on the right of the figure, both located in MRP “Riviera dei Cedri”.

### A case study: The island of Cirella

The island of Cirella (39°69'88"N, 15°80'16"E) is located along the Calabria western seaside between the coastal villages of Cirella (Cs) and Diamante (Cs) (Figure 5). This islet, inserted in the MRP “Riviera dei Cedri”, is an important ZSC characterized by a typical Mediterranean vegetation and by the suggestive appearance of a typical coastal tower. So, the island shows a clear overlapping between natural and cultural goods. In the island, there are many important habitat types such as: 1240 Vegetated sea cliffs of the Mediterranean coasts with endemic *Limonium* spp.; 5330 Thermo-Mediterranean and pre-desert scrub; 8210 Calcareous rocky slopes with chasmophytic vegetation; 9320 *Olea* and *Ceratonia* forests and, at last, the priority Habitat 6220 Pseudo-steppe with grasses

and annuals of the Thero-Brachypodieta. In the inland coastal seawaters, a large meadow of *Posidonia oceanica* (*Linnaeus*) *Delile*, as priority Habitat 1120, extends around the island. As well, the cultural heritage is represented by a log-pyramidal tower on a square basis. This important archeological site, actually in ruins, was built in sixteenth century within a military system able to defend coastal people against barbarian invasions coming from the sea [33]. To highlight the tight connections between natural and cultural goods, it is possible to observe in the marine areas, just in front the island, some clay materials and archeological submerged ruins dated back to the third century b.C. [34]. So, also in coastal seawaters there is a remarkable melting point between marine ecosystems and archeological heritage.



**Figure 5:** The island of Cirella with its coastal tower on the top.

### Discussion

The resulting data highlight the close relationships between cultural heritage sites, natural goods and Natura 2000 network in Calabria MRP (Figure 6). However, in a changing coastal landscape,

threatened by coastal erosion and by an increasing human pressures, a lot of species, some priority habitats and many cultural goods are actually at risk. So, in a transitional and sensitive area, it is necessary to protect natural and historical resources at both sides of this frontier. A potential solution to protect and value such

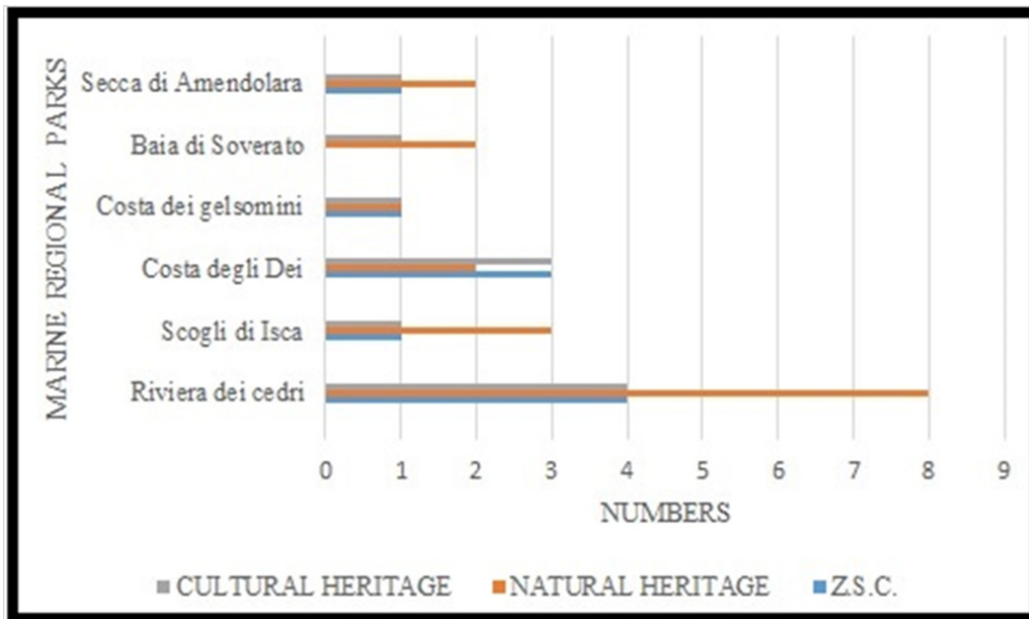


heritage for future generations is the application of ICZM process, including all the natural and cultural goods still existing in Calabria coastal regions (Figure 7). The conservation of natural and cultural goods in coastal regions is a key issue in the process of an effective Integrated Coastal Zone Management [35]. In the implementation of ICZM, according to a new kind of global approach, it should be applied, for biodiversity protection and cultural conservation, the following guidelines deduced by scientific literature [36,37]:

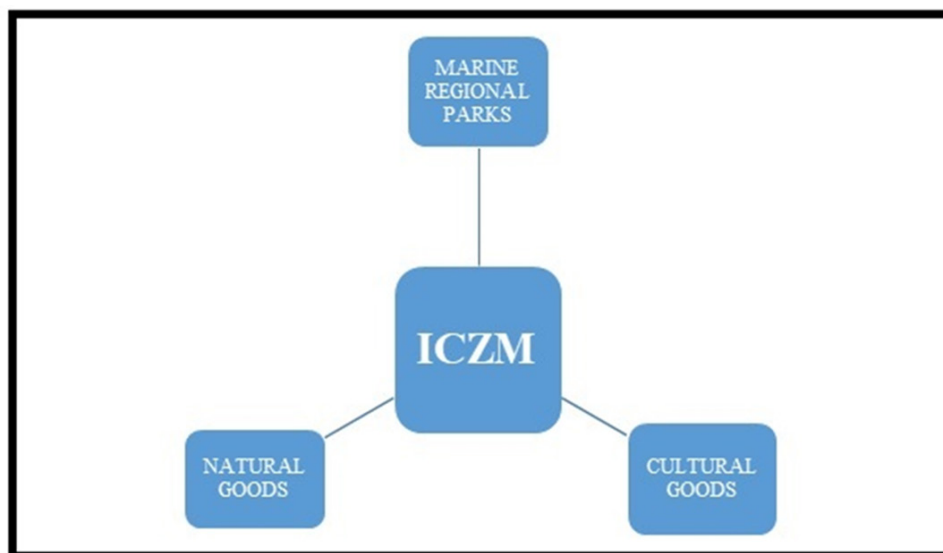
a. Identification of the most valuable marine and terrestrial areas

deserving protective measures.

- b. Use of legal means for a careful zoning of marine reserves and for action plans in Marine Protected Areas (MPAs).
- c. Realization of a regional planning pattern for the protection and the valorization of cultural and natural goods regarding coastal regions.
- d. Support a policy-making process for an effective management of seaboard areas.



**Figure 6:** Pie chart showing the connections between cultural and natural goods within Natura 2000 network.



**Figure 7:** The pattern of ICZM process and the connections between natural and cultural goods in Calabria MRP.

In particular, as regards the regional cultural heritage, the Italian Commission of UNESCO [38] suggested to national and local authorities to realize standing and protective actions, ensuring future generations to enjoy all the natural and cultural goods both

of statal and regional governance. In this way, there are some cornerstones for an effective protection of coastal archaeological sites, as follows [39]:

- a) The analysis of coastal archaeological sites, valued in physical, hydrological and geological terms, aims to a natural beach nourishment, to the whole reclamation of coastal zones and to an effective stability of coastlines.
- b) It is necessary to restore coastal ecosystems so to protect their biocenosis as regards, in particular, the increasing shifts of weather and sea conditions, affecting coastal stretches.
- c) The operative protocols, before any coastal care must be clearly established to avoid indefinite operations of “hydraulic cleaning” in protected areas.
- d) In every coastal stretch, subjected to conditions of geological instability, must be planned and timely applied interventions of Soil Bioengineering.
- e) The promotion of recovery actions, able to value coastal landscape and cultural identity, must be realized through planned operative measures directed towards an effective risk prevention and a global landscape valorization, meeting the growing tourist demand in coastal regions.

So, littoral areas could become cultural expression, merging natural values with human well-being [40]. The main theme of this new kind of landscape pattern, based on ICZM process, develops from the protection of some target species to a novel approach able to extend its spatial scale, like a dot, to a global vision based on the principle of “wide areas” [41]. In this way, it is suggested to connect in MRP the cultural goods, still existing along the regional coastline, with Natura 2000 network, so to implement ICZM process in the Calabria region.

## Conclusion

This study highlights the need to melt in the same coastal landscape all the historical and natural goods, integrating the protection of marine biodiversity with the conservation and the improvement of cultural heritage sites. So, it is necessary to strengthen scientific, social and policy actions to include cultural and natural resources, linking the landward and seaward sides of coastal regions. This integrated approach, for a sound management of seaboard areas, has been suggested, also, in other littoral regions located in Belgium, United Kingdom, Israel and South Africa [42,43]. In the Mediterranean basin, similar studies have been conducted in some coastal landscapes [44,45]. These efforts are, however, very far from an effective implementation because cultural heritage sites are intangible, without economic values and often neglected in ecosystem services [46]. Therefore, it is necessary to adopt a more inclusive and participatory approach to better understand the tight relationships between cultural and natural goods. In Calabria coastal regions, marine and terrestrial environments are strictly connected in the same landscape unit, melting priority habitats, target species and cultural heritage sites in a whole system. However, the loss of marine biodiversity and the decay of some historical goods could produce negative effects, in the long run, for future generations. To reverse this trend, it could be suggested a new kind of environmental tourism in Calabria MRP appreciating

all the natural and cultural resources on the landward and seaward sides of the region within an effective ICZM process for the social and economic development of local people. In conclusion, Calabria could represent a new kind of regional pattern for the integration of natural and cultural goods in the same coastal landscape.

## Acknowledgement

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