

# Review on Epidemiological Distribution of Economically Important Nematodes in Ethiopia, with Particular Emphasis to *Haemonchus* Species

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## Abstract

Suitable climatic condition found in tropical areas create wide spread of gastro-intestinal nematode of ruminants. The epidemiology of gastro-intestinal nematodes mainly depends on the climatic condition (temperature and humidity) of environment. Ethiopia is among the country with high occurrence of gastro-intestinal nematode infection in the region. According to different studies, the prevalence of nematodes in cattle ranges from 27-51% and 21.35%-96.7% in sheep and goat. The prevalence of *Haemonchus contortus* in sheep and goat ranges between 40% and 91.2%. Different studies indicated that; Agro-ecology, season, climate, host factor and management systems are the main factor for variation in prevalence across the country. The high prevalence of gastro-intestinal infection in the country have direct effect on livestock production causing mortality, decreasing growth rate and milk production, increasing treatment cost. Due to that effective control and preventive strategies should be required to tackle the devastating effect of the gastro-intestinal nematodes on livestock production.

## Introduction

Livestock production plays important role in both national and livelihood economies of Ethiopia. The country has owned huge livestock population estimates that 65.35 million heads of cattle, 39.89 million sheep, and 50.50 million goats [1]. This huge livestock population cannot be properly utilized due to clinical and non-clinical parasitic diseases which causing mortality, weight loss, decreasing in growth and productivity [2]. The distribution and prevalence of the parasitic disease should be presented by geographical areas that could roughly correspond to climatic conditions. For instance, presence of suitable ecological condition (temperature, humidity, vegetation, rain fall) in Ethiopia, brought high prevalence of GIT nematodes [3]. Different studies shows that climate condition play important role in ecology of GIT nematodes by facilitating transmission and survival of eggs and larvae of parasites [4]. The well organized and comprehensive data on the epidemiology of GIT nematodes in Ethiopia is very essential for researchers and policy makers to develop strategies on control and prevention systems in livestock. So, this review aimed to bring available data together and indicate the epidemiology and prevalence of major GIT nematodes in ruminants in Ethiopia. About 40 articles from main electronic data bases (Google scholar and PubMed) were used to develop this review

## Gastro-Intestinal Parasites (Nematodes) of Ruminants

Nematodes (round worms) are free-living unsegmented worms, which have cylindrical form, tapering at either ends. Their body is covered with a colorless, somewhat translucent layer called the cuticle, are elongated in shape and an alimentary canal is present. They have separate sexes and exhibit both direct and indirect life cycle, are found in fresh water, the sea and the soil and are among the most successful parasites of plants and animals. Gastrointestinal

nematodes of greatest importance in ruminants are *Haemonchus*, *Ostertagia*, *Trichostrongylus*, *Cooperia*, *Nematodirus*, *Bunostomum* (hookworms), *Strongyloides*, *Oesophagostomum*, *Chabertia ovina*, *Trichuris*, (whipworms) *Dictyocaulus*, *Parafilaria*, *Onchocerca*, *Protostrongylus*, *Muellerius*, *Ascaris*, *Thelazia* and others [5].

### Life cycle

Most *Trichostrongyle* group of nematodes (*Trichostrongyles*, *Oesophagostomum* and *Bunostomum*) have direct life cycle (complete their life cycle in one host). The eggs produced by female parasites passed out with faeces and embryonation takes place in environment in optimal conditions. The embryonated eggs hatched to 11, 12 and 13 (infective stage) in 7 to 10 days under suitable temperature and humidity. Ruminants are infected during grazing by ingesting L3 (infective stage) and the larvae passed to abomasum or intestines. Then, the extra cuticle is removed [5] and penetrate to different organs such as mucous membrane (*Trichostrongylus* and *hemonchus*), gastric glands (*ostertagia*), lamina propria (*Oesophagostomum*) However, the infection in *Trichuris* caused after ingesting larvated egg by host and the larva is released in the intestines. The time period from the ingestion of infective larvae to the egg production by adult female parasite is called prepatent period. Different species of parasite have require different time period. For examples *Haemonchus placei* (cattle) for 3-4 weeks, *Haemonchus contortus* (sheep), two weeks, *Ostertagia* (sheep and cattle) for 3 weeks. GIT nematodes have different egg producing capacities. The number of eggs released with faeces depending on species of parasites, host immunity, level of infection and number of adult parasites found in GIT system [6]. Larvae released from female parasites require optimum temperature (10-36°C) and humidity (85%) for development and survival in the environment.

In tropical and sub-tropical climate, temperature have play major role. During rainy seasons; the free living infective stages (eggs, larvae, cysts, and oocysts) of survival, hatching rate and development are increased. However, adverse climatic condition in dry season decrease the prevalence of parasite infections because the larvae arrested in the host and environment [7]. The development of larvae to infective stage take place in fecal material. The infective larvae migrated or transported horizontally or vertically to the nearby herbage to be ingested by hosts [8].

### Prevalence of Nematodes in different parts of Ethiopia

Many cross sectionals study on nematodes of cattle were carried out in many part of Ethiopia. [9-15]. According to (Table 1), the study in different parts of Ethiopia indicated that the overall prevalence parasitic infection of cattle ranges from 27- 51%. According to different studies in Ethiopia, the prevalence of GIT nematode in small ruminants ranges from 21.35% to 96.7% depending on production systems (Table 2). The higher prevalence of helminth parasites infection of cattle, sheep and goat were reported from different parts of Ethiopia [16-27]. According to the above studies, the distribution of the parasites across Ethiopia varies depending on agroecology, seasonal variation, climate, management systems and host factors like age, body condition and breed of animals. For instance, the prevalence of the parasites egg count is higher in wet season than dry season. This confirm the fact that the parasite require the conducive environment for the survival, development and transmission. Most studies agrees on high prevalence of nematodes in animal with poor body condition than good body condition due to low immunity level. Higher prevalence also reported in sheep than goat due to grazing behavior of sheep that expose them to infective stage of larvae.

**Table 1:** Prevalence of GIT nematodes of cattle in Ethiopia.

No	Region	Zone/District	Prevalence (%)	Reference
1	Oromia	Western Oromia	50.2	(Sori, Dhuguma and Kiros)[9]
		Western Hararghe	51.3	(Dinaol) [10]
		Bishoftu	43.22	(Habtemichael, Dejene and Eniyew)[11]
		Arsi negelle	49	(Gebrelibanose)[12]
		Jimma Abattoir	46.8	(Regea) [12]
2	Amhara	Kombolcha & Dassie	41.7	(Abdulkadir O) [13]
		Gondar	27.57	(Awrraris, Bogale and Chanie)[14]
3	Diredawa	Diredawa	41.15	(Yimer Muktar, Dinaol Belina, Mesfin Alemu) [15]

**Table 2:** Spatial distribution of nematodes of small ruminants in Ethiopia.

No	Region	Zone/District	Prevalence (%)	Reference
1	Amhara	Gondar	43.2	(Muluneh, Bogale and Chanie) [16]
		Gondar	70.6	(Yimer and Birhan) [17]
		Dabat	57.5	(Seyoum ) [18]
2	Oromia	Ambo town	81.4	[19]
		Hemex export abattoir, bishoftu	86.7	(Gonfa Shankute, Basaznew Bogale) [20]
		Western hararghe	50.8	(Getachew, Tesfaye and Sisay) [21]

3	Southern Nation	Dawuro	95.2	(Asha and Chebo,) [22]
		Kaffa & Benchi maji	96.7	(Mariam and Desta) [23]
		Wolaita	64.1	(Mekonnen G) [24]
		Wolaita	56.8	(Bifaw, Wasihun and Hiko)[25]
		Kaffa & Benchi maji	54.1	(Kenea, Bekele and Sheferaw) [16]
4	Somali	Fafan	66.9	(Mohammed and Fasil) [26]
5	Benishangul	Asossa	21.35	(Umer Yasin, Bihonegn Wodajnew) [27]

## Haemonchosis of Large and Small Ruminants in Ethiopia

The genus *Haemonchus* grouped under sub-family Haemonchinae. Domestic ruminants are mainly infected by four main species namely, *Haemonchus contortus* (sheep and goat), *Haemonchus placei* and *Similis* (cattle) and *Haemonchus longistepis* (*Camelus dromedari*). Adult parasite of *Haemonchus contortus* found in the abomasum and commonly known as barber pole or wire worm [8]. The parasite have direct life cycle. High fecundity of female worm have determine the epidemiology of Haemonchosis in addition to warm and humid condition. In favorable conditions (wet season), the infective larvae increased in the pasture. In Ethiopia, high prevalence was recorded in and around two rainy season (May and September) of the year. Because the condition favorable for the transmission, development and survival of free-living stage of parasites [28-33]. In addition, the microclimate of feces and herbage are also important for larval development and survival [34]. *Haemonchus contortus* cause Haemonchosis in sheep and goat. The disease is highly prevalent, pathogenic and economically important. According to Arsenopoulos et al. [3] the annual cost

for treatment of the disease in sheep and goat estimated to 103 million USD in India, 46 million USD in the Republic of South Africa and 26 million USD in Kenya.

## Prevalence and spatial distribution of hemonchosis in sheep and goat across Ethiopia

Different studies revealed that the prevalence of *Hemonchus Contortus* in Ethiopia ranges from 40%-91.2% (Table 3). There is variation in prevalence across different parts of Ethiopia. Different agro-climatic conditions, management system and sample size among the factors for variation in prevalence. And also, grazing type, stocking density and nutritional status might be a reason for difference in prevalence [6]. The higher prevalence of Haemonchosis from different parts of Ethiopia indicate the high distribution of the parasite through the country (Table 3). From different studies, higher prevalence of parasite reported in sheep than goat [35]. As they justify their reason; ground grazing habit of sheep helps acquisition of more infective larvae (L3) and the fact that goats browse on bushes and small trees decrease the acquisition to infective larvae.

**Table 3:** Prevalence of Hemonchus species in different parts of Ethiopia.

No	Region	Zone/District	Prevalence (%)		Reference
			Sheep	Goat	
1	Tigray	Wukro	40.9		(Gebresilassie and Tadele)[28]
2	Oromia	Bishoftu	57.18		(Legesse ) [29]
		West shoa	63.6	61.78	(Feyisa Bekuma) [30]
3	Amhara	Bahirdar	56.25		(Sewalem) [31]
4	Southern Nation	Kaffa&benchi maji	76.8		(Mariam and Desta) [32]
		Hawassa	80	67.5	(Tesfaheywet Z and S.Murga) [33]
		Gurage	60.6		(Nana) [34]
5	Somali	Ogaden	91.2	82.9	(Kumsa and Wossene) [35]

## Factors influencing the epidemiological distribution of haemonchosis infection in small ruminants

**Pathogen factors:** *Haemonchus contortus* have various strategies to overcome the adverse effect come from the environment and host. The female haemonchus produce large number of eggs than other female parasite. Though, this result over contamination of grazing areas and brought animal rapid re-infection [36]. The parasite have also unique feature (Hypobiosis) during unfavorable condition to minimize the mortality of free living stages. Photo-period used as induction signal for hypobiosis

after infection by L3. This aspect of gastrointestinal nematodes epidemiology known till now only for abomasal nematodes needs further validation for other gastrointestinal nematodes parasites and in other host species so as to arrive at a certain decisive conclusion about the role of hypobiosis (arrested development) in the onset of diseases, their epidemiology and their effective control and treatment [37]. Basically, climatic conditions may result in two distinct patterns of inhibition: 'winter inhibition' in which nematodes inhibit development before the winter in temperate regions and 'summer inhibition' in which the onset of inhibition is before summer or before a dry season. This pattern of development

enables the abomasal nematodes to live longer in the host avoiding the harsh climatic conditions and presents an interesting example of an ecological adaptation of a parasite to its local climatic conditions [38].

**Host factor:** The severity of infection determined by different intrinsic factors (Age of animals, breed, sex, genetics and physiological status of host). Pasture contamination aggravates the severity for grazing animals. Due to low immunity, new born animals become more susceptible to infection. However, immunological maturity and repeated exposure lower the occurrence in adult animals. In Ethiopia, some local breeds of sheep (Menz, Horro, Ferta and Afar) and goat (Kefa, Abergeile and Begait) are relatively resistant to GIT nematodes than exotic breeds [39]. In addition to host factors, the suitable environmental conditions (optimum temperature and humidity) have an important contribution for larval development in tropical countries like Ethiopia [40].

### Control and Prevention Strategies

The knowledge about the epidemiology of GIT nematode infection in ruminants is crucial for controlling strategies. Because the development and survival of infective larvae are determined by climatic conditions (temperature and humidity). The control methods against the parasite taken place on host and environment require seasonal considerations. Due to that the timing and frequency of anthelmintic treatments depends on the level of parasitism and epidemiology of parasitic species in a given climatic condition. (Hansen, 1994). Generally, pasture management, provision of proper feed and clean water, regular deworming have minimized losses caused by GIT nematodes control the parasitic infection [41].

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