



# Human Monocyte/Macrophage Fungicidal Activity GM-CSF Against *Paracoccidioides brasiliensis* Depends on ROS



João Paulo Martins do Carmo<sup>1\*</sup>, Luciane Alarcão Dias-Melício<sup>2</sup>, Sueli Aparecida Calvi<sup>3</sup>, Maria Terezinha Serrão Peraçoli<sup>4</sup> and Ângela Maria Victoriano Campos Soares<sup>4</sup>

<sup>1</sup>UEG Campus Itumbiara-GO, Brazil

<sup>2</sup>Department of Pathology, Medicine School of Botucatu (FMB), University of the State of São Paulo (UNESP), Brazil

<sup>3</sup>Department of Infectious Diseases, Medicine School of Botucatu, Brazil

<sup>4</sup>Department of Microbiology and Immunology, Basic Institute of Biosciences (IBB), Brazil

\*Corresponding author: João Paulo Martins do Carmo, University of São Paulo, Universidade Estadual de Goiás, Campus Itumbiara-GO, Brazil

Submission: 📅 January 17, 2018; Published: 📅 February 20, 2018

## Abstract

The ability of recombinant human granulocyte-macrophage colony-stimulating factor (GM-CSF) to activate human monocytes/macrophages for virulent *Paracoccidioides brasiliensis* killing was evaluated. Peripheral blood monocytes (MO) and monocyte-derived macrophages (MØ) were activated with different concentrations of GM-CSF. Afterwards, cells were challenged with *P. brasiliensis* strain 18 (Pb18) and the fungicidal activity was evaluated, plating and counting the Colony Forming Units (CFU) after 10 days. GM-CSF activated MO and MØ for *P. brasiliensis* killing in a concentration-dependent manner. There was an association between this fungicidal activity and the high levels of H<sub>2</sub>O<sub>2</sub> release by the activated cells. Moreover, the killing effect was inhibited by Catalase (CAT), confirming the role of H<sub>2</sub>O<sub>2</sub> in this process. On the other hand, L-Monomethyl-Arginine (L-NMMA) had no effect on fungicidal activity, showing that nitric oxide (NO) is not involved in killing by human cells against *P. brasiliensis*. Based on these data, the role of GM-CSF-activated human cells in the innate defense mechanisms against *P. brasiliensis* is discussed.

**Keywords:** Paracoccidioidomycosis; *Paracoccidioides brasiliensis*; Human monocytes; Human macrophages; GM-CSF; Fungicidal activity; H<sub>2</sub>O<sub>2</sub>; NO; ROS

## Introduction

Paracoccidioidomycosis (PCM) is the major systemic mycosis in Latin America. Its etiological agent is the fungus *Paracoccidioides brasiliensis*, a microorganism with thermal dimorphism, behaving as yeast at body temperature [1,2]. This fungus causes a natural infection by inhalation of conidia or mycelial elements which are converted into the parasitic yeast form in lungs [3]. This disease shows multiple shapes, ranging from benign and localized to severe and disseminated ones, depending on many factors, such as the host cell immunity and strain virulence of the fungus [4].

Among the immunological mechanisms reported to this infection, innate immunity monocytes (MO)/macrophages appear to play a fundamental role, acting as the first defense line in the organism [3], depending on their state of activation [5]. Ingested conidia or yeast forms of *P. brasiliensis* readily multiply inside murine alveolar or peritoneal macrophages; however, when cells are activated by cytokines, such as IFN- $\gamma$ , the multiplication is limited and conidia or yeast cells may be killed [2,3,6-8].

With regards to murine cells, some studies have shown that IFN- $\gamma$  activation promotes *P. brasiliensis* killing through the

L-arginine/NO pathway [9]. However, works in our laboratory have demonstrated that IFN- $\gamma$  activation is not enough for the fungicidal activity of human cells against virulent *P. brasiliensis* strain (Pb18) [10]. This process is effective after cells preactivation with TNF- $\alpha$  or IFN- $\gamma$  plus TNF- $\alpha$ . Moreover, these studies provided strong evidence of H<sub>2</sub>O<sub>2</sub> participation as an effector mechanism, since catalase, a H<sub>2</sub>O<sub>2</sub> scavenger, inhibited the intracellular killing by TNF- $\alpha$  or TNF- $\alpha$  plus IFN- $\gamma$ -activated MO [11].

The role of other cytokines, besides IFN- $\gamma$  and TNF- $\alpha$  concerning human MO/macrophage- *P. brasiliensis* interaction is still unclear. Broad evidence has indicated that GM-CSF not only promotes proliferation and differentiation of hematopoietic precursor cells, but also induces various aspects of macrophage activation [12-16], e.g., respiratory burst activity [15]. MO release Reactive Oxygen Species (ROS, such as H<sub>2</sub>O<sub>2</sub>, O<sub>2</sub><sup>-</sup> and OH), which are cytotoxic to microorganisms and tumor cells.

The effects of GM-CSF on MO/macrophage function against microbial pathogens have been studied in uncontrolled trials in humans and *in vitro* and *in vivo* experiments [12,13,16].

Enhancement of the microbicidal activity of MO by GM-CSF was shown *in vitro* against *Candida albicans* [17], *Aspergillus fumigates* [18,19], *Histoplasma capsulatum* [20,21], *Cryptococcus neoformans* [22], *Trypanosoma cruzi* [23], *Mycobacterium avium* [24], *M. lepraemurium* [25] and *M. avium-intracellulare* Complex (MAC) [26]. Therefore, we propose that MO/macrophage activation by GM-CSF might be necessary for *P. brasiliensis* killing.

Thus, the aim of this work was to study:

A. The role of GM-CSF on human MO/macrophage fungicidal activity against a virulent strain of *P. brasiliensis* (Pb18);

B. The involvement of reactive oxygen and nitrogen intermediates in the killing of Pb18 by GM-CSF-activated MO/macrophages.

## Materials and Methods

### Reagents and Media

Recombinant human GM-CSF was purchased from R&D Systems, Minneapolis, MN, USA. RPMI 1640 Tissue Culture Medium; Histopaque (d=1.077); CAT; L-NMMA; Phorbol-Myristate-Acethate (PMA); Sulphanilamide; and Naphtyl Ethylene-Diamine-Dihydrochloride (NEED) were purchased from Sigma Chemical CO, St. Louis, MO, USA. Complete tissue culture media (CTCM) consisted of RPMI 1640 supplemented with 10% (v/v) heat-inactivated human AB serum, 20mM HEPES, 2mM of L-glutamine (Gibco Laboratories, Grand Island, NY, USA) and 40µg/ml of gentamicin.

Brain-Heart Infusion (BHI) agar medium (Difco Laboratories, Detroit, MI, USA), used for culture plating, contained gentamicin 0.5% (Neoquímica, Anápolis, GO, Brazil), 4% horse normal serum and 5% *P. brasiliensis* strain 192 culture filtrates (v/v), the latter being the source of growth-promoting factor [27]. 96-well flat-bottomed plates were purchased from Nunc, Life Tech. Inc., Maryland, MA, USA. Horseradish peroxidase (type II) was obtained from Sigma Chemical, San Diego, CA, USA. *P. brasiliensis* strain 18 (Pb 18) was maintained in the yeast-form cells at 35 °C in GPY culture medium for six days [28]. Yeast viability was determined by phase contrast microscopy and bright yeast cells were counted as viable, while dark ones were considered nonviable. Fungal suspensions containing more than 90% viable cells were used for the experiments.

### Donors

MO was isolated from volunteer healthy blood donors, after informed consent from the University Hospital of the Botucatu Medical School (FMB), São Paulo State University (UNESP, Brazil). The Hospital Ethics Committee approved this study.

### Isolation of peripheral blood mononuclear cells (PBMC):

PBMC were isolated from heparinized venous blood by density gradient. Briefly, 10 ml of heparinized blood were mixed with an equal volume of complete tissue culture medium (CTCM). Samples were layered over 5ml of Histopaque in a 15-ml conical plastic centrifuge tube. After centrifugation at 300×g for 30' at room temperature, the interface layer of PBMC was harvested and

washed twice with PBS-EDTA and once with CTCM. Cell viability as determined by 0.2% trypan blue exclusion was >95% in all experiments. The MO were stained with neutral red (0.02%) and the concentrations were adjusted to 2×10<sup>6</sup> MO/ml in CTCM. More than 90% of the cells were considered as MO by morphological examination, neutral red uptake, and staining for unspecific esterase [29].

### MO/macrophage monolayers

100µL of MO suspension (2×10<sup>6</sup> MO/ml) was dispensed into 96-well flat-bottomed plates. After incubation during 2h at 37 °C in 5% CO<sub>2</sub>, non adherent cells were removed by aspiration and each well was rinsed twice with CTCM. After adherence, MO were cultured in CTCM at 37 °C in 5% CO<sub>2</sub> during 18h, alone (MO) or containing GM-CSF in different concentrations (1, 10, 31.25, 62.5, 125, 250, 500 and 1000U/mL). For the MO differentiation process into macrophages, MO cultures were maintained during 7 days in CTCM, changing the culture media every other day and, subsequently activating the cells with GM-CSF (MØ), in different concentrations (1, 10, 31.25, 62.5, 125, 250, 500 and 1000U/mL). In other experiments, MO-derived macrophages were cultured in the presence of GMCSF 250U/mL (G-MØ), changing the culture media every other day, for 7 days. After MO-macrophage differentiation, the supernatants were removed, and cells were activated with GM-CSF in different concentrations (1, 10, 31.25, 62.5, 125, 250, 500, 1000U/mL) for 18h.

Fungicidal activity After supernatants removal of control and treated monolayers, MO/macrophages were challenged with 100 µl of 2×10<sup>4</sup> viable units/ml of Pb18 (ratio 50:1) in CTCM containing 10% fresh human AB serum, in absence or presence of CAT (20,000U/mL) or L-NMMA (450U/mL). After coculture during 18h (experimental cultures), cells were harvested by aspiration with sterile distilled water to lyse MO. Each culture and well washing was contained in a final volume of 2ml. The number of colony forming units (CFU) of Pb18 per culture was determined by plating 100µl of the 2-ml harvested volume, in triplicate, on BHI containing 4% normal horse serum and 5% *P. brasiliensis* strain 192 culture filtrates (v/v). A control culture only containing 100µl of yeast-form Pb18 (2×10<sup>4</sup> viable units/ml) was submitted to the same procedures used for the experimental cultures. Inoculated plates were incubated at 35 °C in sealed plastic bags to prevent drying. After 10 days the number of CFU per plate was counted and the percentage of fungicidal activity was determined by the formula: mean CFU of experimental culture

$$\text{Fungicidal Activity (\%)} = 1 - \frac{(\text{mean CFU of experimental culture})}{\text{mean CFU of control culture}} \times 100$$

### Reactive oxygen intermediates (ROI) determination

ROI production was indirectly measured by assessing H<sub>2</sub>O<sub>2</sub> release from MO and macrophages, according to the method previously described by PICK & KEISARI [30] and adapted by PICK & MIZEL [31]. MO or MO-derived macrophages were obtained as previously described, and cultured in duplicate in 96-well plates for 24 hours, at 37 °C in 5% CO<sub>2</sub> tension, with or without 100µL of recombinant human GM-CSF (rh-GM-CSF) (1, 10, 31.25, 62.5, 125,

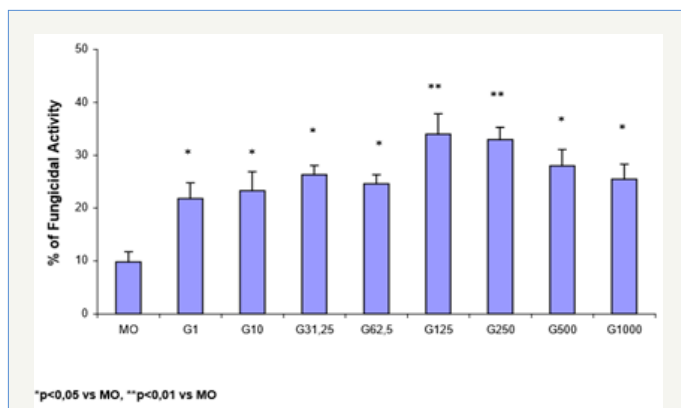
250, 500 and 1000U/mL). After this period, culture supernatants were used to nitric oxide (NO) determination and the adherent cells were resuspended to the original volume (0,1mL) in phenol red buffer solution containing: 140mM of NaCl; 10nM of phosphate buffer, pH 7; 5.5mM of dextrosis; 0.56mM of phenol red; 0.01mg/mL of peroxidase from radish peroxidase type II and, in the presence or absence of 1mg of phorbol myristateacethate (PMA), and were incubated at 37 °C in a dark, humid chamber. After 60 minutes, the reaction was interrupted by the addition of 0.01mL of NaOH 1N. Absorbances were measured at 620nm in an automatic ELISA microreader. Results were expressed in nanomols (nM) of  $H_2O_2/2 \times 10^5$  cells, using a standard curve.

### Reactive nitrogen intermediates (RNI) determination

NO production was determined based on Griess reaction [32]. Culture supernatants were mixed in with an equal volume of Griess reagent (1% Sulphanilamide, 0.1% NEED, in 5% phosphoric acid) at room temperature for 10min [32]. Sodium nitrite ( $NaNO_2$ -) was used as standard. Absorbances were measured at 540nm in an ELISA microreader. Assays were carried out in quadruplicate. Results were expressed in  $\mu$ mol of  $NO_2^-/2 \times 10^5$  cells, comparing the optical density (OD) with a standard curve of known  $NO_2^-$  concentrations. Statistical Analysis: Statistical procedures were performed using Graphpad Instat software (San Diego, California - USA). Significant differences among the various groups were detected by Repeated Measures Analysis of Variance (ANOVA), followed by Tukey Kramer Multiple Correlations. Significance level was set at  $p < 0.05$ .

## Results

### Role of GM-CSF on human monocyte (MO) fungicidal activity *in vitro* for high-virulent *P. brasiliensis* killing



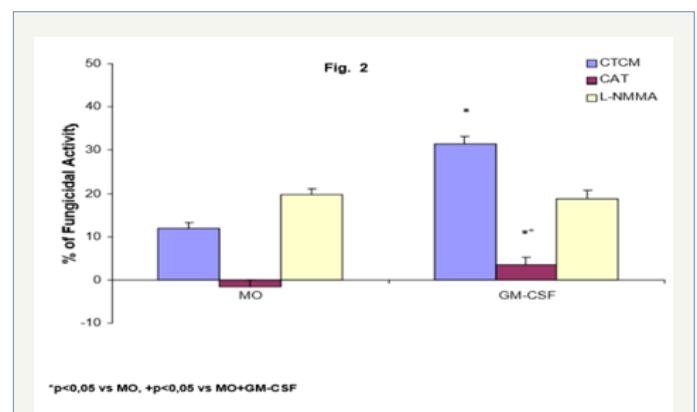
**Figure 1:** Monocytes ( $2 \times 10^6$ /mL) were preincubated in the absence (MO) or presence of GM-CSF (G) in different concentrations (1, 10, 31.25, 62.5, 125, 250, 500 and 1000U/mL) for 18h and challenged with *P. brasiliensis* during 4h for fungicidal activity *in vitro*. Results are expressed as Mean (M)  $\pm$  SEM of 11 subjects.

Figure 1 shows the percentage (%) of fungicidal activity of MO newly isolated from the peripheral blood of normal donors, incubated only with CTCM (MO) or in the presence of GM-CSF (G) in different doses (1, 10, 31.25, 62.5, 125, 250, 500 and 1000U/mL). Preincubation of MO with GM-CSF during 18h induces a concentration-dependent increase in the fungicidal activity

against high-virulent strain of *P. brasiliensis* (Pb18). Significant fungicidal activity was detected in every concentration of GM-CSF, and maximal activity occurred with the doses of 125 (33.9%) and 250U/mL (32.9%).

### Role of CAT and L-NMMA on fungicidal activity of GM-CSF-activated MO

Role of CAT and L-NMMA on fungicidal activity of GM-CSF-activated MO To detect the effector mechanisms involved in GM-CSF-activated MO for *P. brasiliensis* killing, cocultures of MO were challenged with Pb18 and treated concomitantly with CAT (20,000U/mL), a scavenger of  $H_2O_2$  production; or L-NMMA (450U/mL), a competitive inhibitor of nitric oxide synthase (NOS), the enzyme responsible for NO production. Results showed that CAT inhibited the fungicidal activity presented by GM-CSF-activated MO, indicating the role of  $H_2O_2$  in this process. On the other hand, L-NMMA did not show a significant effect (Figure 2).



**Figure 2:** Monocytes ( $2 \times 10^6$ /mL) (MO) activated with GM-CSF (125U/mL) during 18h were incubated in the absence or presence of CAT (20,000U/mL) or L-NMMA (450U/mL), challenged concomitantly with *P. brasiliensis* during 4h, and assessed for fungicidal activity *in vitro*. Results are expressed as Mean (M)  $\pm$  SEM of 11 subjects.

As shown in Table 1,  $H_2O_2$  levels were significantly diminished after non activated MO challenge with Pb18 ( $MO+Pb=0.81 \pm 0.24nM$ ), when compared to non-activated MO alone ( $MO=1.97 \pm 0.53nM$ ). However, when MO were pre activated with GM-CSF, a significant increase in  $H_2O_2$  production was detected ( $MO+GM-CSF=3.13 \pm 0.63nM$ ), when compared to MO or  $MO+Pb$ . Moreover, in MO pre activated with GM-CSF and challenged with Pb18 ( $MO+GM-CSF+Pb=2.88 \pm 0.52nM$ ),  $H_2O_2$  levels were like those detected in  $MO+GM-CSF$  cultures. These data show that, differently of non activated MO challenged with Pb18 ( $MO+Pb$ ), the challenge of GM-CSF pre activated cells with Pb ( $MO+GM-CSF+Pb$ ) did not result in  $H_2O_2$  inhibition. In addition, all the cocultures treated with CAT ( $MO+CAT$ ,  $MO+GM-CSF+CAT$ ,  $MO+Pb+CAT$ ) showed a significant inhibition in  $H_2O_2$  levels, compared to those detected in absence of this scavenger. Concerning  $NO_2^-$  production, similarly to  $H_2O_2$  release, in cocultures supernatants of  $MO+Pb(=1.46 \pm 0.49\mu M)$ , we detected a significant inhibition in this metabolite production, compared to  $MO(=2.38 \pm 0.75)$ . However, conversely to  $H_2O_2$ , GM-CSF ( $2.54 \pm 0.69\mu M$ ) did not stimulate the cells to increase  $NO_2^-$

production, when compared to MO. Moreover, MO+GM-CSF+Pb did not release higher levels of NO<sub>2</sub><sup>-</sup>.

Together, the results showed that NO<sub>2</sub><sup>-</sup> levels were very low in all cocultures supernatants, suggesting no correlation with

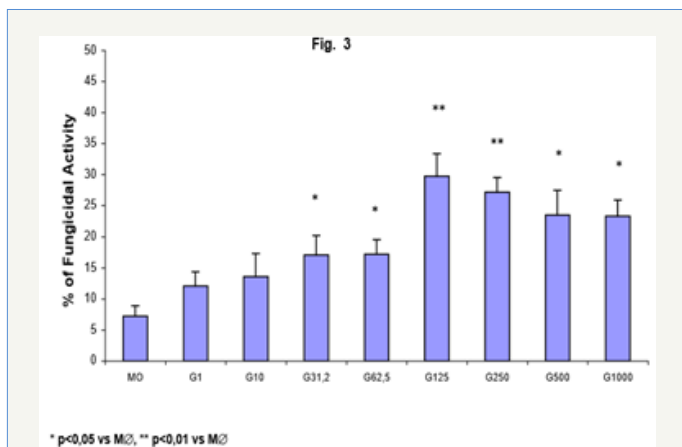
fungicidal activity. The lack of L-NMMA effect on fungicidal activity of MO+GM-CSF reinforces these results. Results shown in Figure 1 & 2 and Table 1 suggest that the fungicidal activity presented by GM-CSF-activated MO is mediated by H<sub>2</sub>O<sub>2</sub>, while NO seems not to be involved.

**Table 1:** Production of H<sub>2</sub>O<sub>2</sub> and NO<sub>2</sub><sup>-</sup> in cocultures of MO preactivated with GM-CSF (125U/mL) for 18h, before the challenge with *P. brasiliensis* during 4h, in absence or presence of scavenger of H<sub>2</sub>O<sub>2</sub> release (CAT) or inhibitor of NO production (L-NMMA). Results are expressed as M±SEM of 8 experiments.

Monocytes treatment	H <sub>2</sub> O <sub>2</sub> release (nmoles/2x10 <sup>5</sup> cells)	NO <sub>2</sub> <sup>-</sup> release (µmoles/2x10 <sup>5</sup> cells)
MO	1.97±0.43	2.38±0.75
MO+ CAT/L-NMMA*	0.55±0.12↓	1.64±0.45+↓
MO+ Pb	0.81±0.24+	1.46±0.49+
MO + Pb + CAT/L-NMMA	0.34±0.08↓	1.19±0.31+↓
MO + GM-CSF	3.13±0.63+*	2.54±0.69
MO + GM-CSF + CAT/L-NMMA	0.92±0.46↓	1.84±0.51+↓
MO + GM-CSF + Pb	2.88±0.52+*	1.39±0.52+
MO + GM-CSF + Pb + CAT/L-NMMA	1.12±0.44↓	1.16±0.39+↓

↓ = p<0,05 vs MO; + = p<0,05 vs MO+Pb, + = p<0,05 vs cocultures without CAT or L-NMMA. \* = (CAT/L-NMMA) = CAT was used for H<sub>2</sub>O<sub>2</sub> assays, and L-NMMA was used for NO<sub>2</sub><sup>-</sup> assays. MO = Monocytes cultured only with CTCM; MO+Pb = MO challenged with Pb; MO+GM-CSF = MO preactivated with GM-CSF 125U/mL

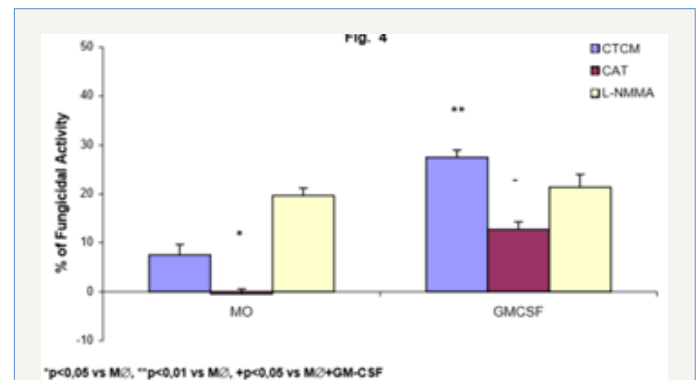
**Role of GM-CSF on the fungicidal activity of human MO-derived macrophages cultured in CTCM for 7 days *in vitro* (MØ)**



**Figure 3:** Monocyte-derived macrophages (2x10<sup>6</sup>/mL) incubated with CTCM for 7 days (MØ) were activated with different GM-CSF (G) concentrations (1, 10, 31.25, 62.5, 125, 250, 500 and 1000U/mL) during 18h. Following, they were challenged with *P. brasiliensis* during 4h and assessed for fungicidal activity *in vitro*. Results are expressed as Mean (M) ± SEM of 8 subjects.

Similarly, the data obtained with MO pre incubation, GM-CSF activated macrophages (MØ) displayed a dose-dependent increase in fungicidal activity, from 31.25U/mL (15.5%), to the most significant concentrations of 125 and 250U/mL (29.8% and 27.2%, respectively), when compared to control MØ (7.2%). It shall be reinforced that, compared to MO (Figure 1; 33.9 and 32.9%), the activity of activated-MØ was not statistically significant.

**Role of CAT and L-NMMA on fungicidal activity of GM-CSF-activated GMØ**



**Figure 4:** Monocyte-derived macrophages (2x10<sup>6</sup>/mL) incubated with CTCM for 7 days (MØ) were activated with GM-CSF for 18h (GM-CSF); preincubated in the absence or presence of CAT (20000U/mL) or L-NMMA (450U/mL) and challenged concomitantly with *P. brasiliensis* during 4h. Following, they were assessed for fungicidal activity *in vitro*. Results are expressed as Mean (M) ± SEM of 8 subjects.

To detect the effector mechanisms involved in GM-CSF-activated macrophages (MØ) for *P. brasiliensis* killing, we challenged these cocultures with Pb18 and treated them concomitantly with CAT or L-NMMA. Similarly to MO cultures (MO-Figure 2), CAT inhibited the fungicidal activity induced by GM-CSF, confirming the role of H<sub>2</sub>O<sub>2</sub> in this process, as well with MØ. On the other hand, LNMMA did not change fungicidal activity of GMCSF-activated MØ, like in MO cultures (Figure 4). One may see in Table 2 that the levels of H<sub>2</sub>O<sub>2</sub> were significantly diminished after non activated macrophages challenge with Pb18 (MØ+Pb=0.71±0.23nM), when compared to macrophages alone (MØ=1.24±0.53nM). However,

when macrophages were pre activated with GM-CSF (MØ+GM-CSF=2.33±0.64nM), a significant increase in H<sub>2</sub>O<sub>2</sub> production was detected, when compared to MØ or MØ+Pb.

Macrophages preactivated with GM-CSF and challenged with Pb showed similar H<sub>2</sub>O<sub>2</sub> levels (MØ+GM-CSF+Pb=2.17±0.6nM) to those detected in MØ+GM-CSF culture. These data show that, differently of non-activated MØ challenged with Pb18 (MØ+Pb), the challenge of activated cells (MØ+GMCSF+Pb) did not lead to H<sub>2</sub>O<sub>2</sub> inhibition. In all the cocultures treated with CAT, a significant inhibition in H<sub>2</sub>O<sub>2</sub> levels was obtained, compared to those detected in the absence of this scavenger. In relation to NO<sub>2</sub><sup>-</sup>, similarly to H<sub>2</sub>O<sub>2</sub> release and also similarly to MO cultures, there was a significant inhibition in this metabolite production in cocultures

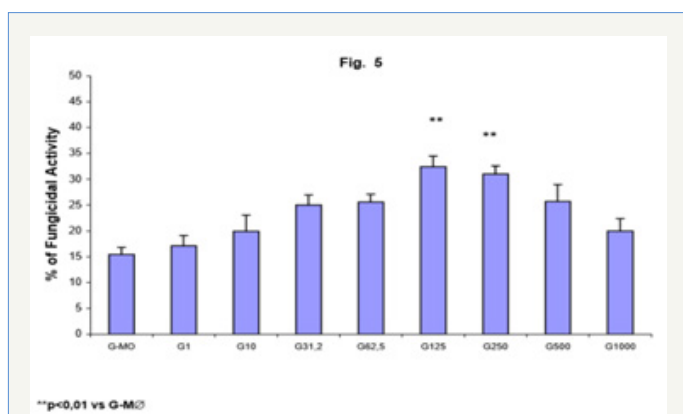
supernatants of MØ+Pb (=2.46±0.53µM), compared to MØ (=3.17±0.98). However, conversely to H<sub>2</sub>O<sub>2</sub>, GM-CSF (3.03±0.91µM) did not stimulate the cells to increase NO<sub>2</sub><sup>-</sup> production, compared to MØ. Moreover, MØ+GM-CSF+Pb (1.89±0.39) did not release higher levels of NO<sub>2</sub><sup>-</sup>. Once more, as occurred in supernatants of MO cultures, the results showed that NO<sub>2</sub><sup>-</sup> levels were very low in all cocultures supernatants, suggesting that they were not correlated with fungicidal activity. Again, these results are associated with the lack of L-NMMA effect on fungicidal activity presented by GM-CSF-activated MØ. Together, the results presented in Table 2 and Figure S3 & 4 showed that the fungicidal activity presented by GM-CSF-activated MØ is mediated by H<sub>2</sub>O<sub>2</sub>, similarly to MO experiments. In experiments with MØ, once more, NO seems not to be involved.

**Table 2:** Production of H<sub>2</sub>O<sub>2</sub> and NO<sub>2</sub><sup>-</sup> in cocultures of MO-derived macrophages (MØ), preactivated with GM-CSF (125U/mL) for 18h before the challenge with *P. brasiliensis* during 4h, in absence or presence of scavenger of H<sub>2</sub>O<sub>2</sub> (CAT) or inhibitor of NO (L-NMMA) release. Results are expressed as M±SEM of 8 experiments.

Monocytes treatment	H <sub>2</sub> O <sub>2</sub> release (nmoles/2x10 <sup>5</sup> cells)	NO <sub>2</sub> <sup>-</sup> release (µmoles/2x10 <sup>5</sup> cells)
MØ	1.34±0.53	3.17±0.98
MØ+ CAT/L-NMMA*	0.91±0.31+*	1.94±0.47+*
MØ+ Pb	0.71±0.23+	2.46±0.53+
MØ + Pb + CAT/L-NMMA	0.39±0.12+*	1.42±0.41b+*
MØ + GM-CSF	2.33±0.64+*	3.03±0.91
MØ + GM-CSF + CAT/L-NMMA	1.02±0.36*	2.1±0.44a+*
MØ + GM-CSF + Pb	2.17±0.6+*	1.89±0.39+
MØ + GM-CSF + Pb + CAT/L-NMMA	0.89±0.27+*	1.22±0.27+*

+\* p<0,05 vs MØ; \*\* p<0,05 vs MØ+Pb, +\* p<0,05 vs cocultures without CAT or L-NMMA. \* (CAT/L-NMMA)  
 = CAT was used in cultures for H<sub>2</sub>O<sub>2</sub> dosage assays, and L-NMMA was used in cultures for NO<sub>2</sub><sup>-</sup> dosage assays. MØ = Macrophages cultured only with CTCM during 7 days; MØ+Pb = MØ challenged with Pb; MO+GM-CSF = MØ preactivated with GM-CSF 125U/mL

**Role of GM-CSF on the fungicidal activity of human MO-derived macrophages, after 7 days of culture in the presence of GM-CSF *in vitro* (G-MØ)**



**Figure 5:** Monocyte-derived macrophages (2x10<sup>6</sup>/mL) by incubation in the presence of GM-CSF for 7 days (G-MØ) were activated with GM-CSF (G) in different concentrations (1, 10, 31,25, 62,5, 125, 250, 500 and 1000U/mL) for 18h. Following, they were challenged with *P. brasiliensis* during 4h and assessed for fungicidal activity *in vitro*. Results are expressed as Mean (M) ± SEM of 8 subjects.

Figure 5 shows an increased fungicidal activity of human MO-derived macrophages activated with GM-CSF, after 7 days of treatment in the presence of this cytokine (G-MØ), only with 125 and 250U/mL (32.4% and 31.0%, respectively), in a similar way compared to fungicidal activity presented by GMCSF-activated-MO and MØ. One may observe that the MO differentiation process into macrophages in the presence of GM-CSF, did not change significantly the responsiveness to GM-CSF pre activation, compared to macrophages culture without this cytokine.

**Role of CAT and L-NMMA on fungicidal activity of GM-CSF activated G-MØ**

As previous assays with MO and MØ, we attempted to detect the effector mechanisms involved in GM-CSF-activated G-MØ for *P. brasiliensis* killing, Figure 6 shows that, similarly to MO (Figure 2) and macrophage in absence of GMCSF (MØ - Figure 4) cultures, CAT inhibited the fungicidal activity presented by GMCSF-activated G-MØ, reinforcing the role of H<sub>2</sub>O<sub>2</sub> as well in this process. Once again, L-NMMA could not abrogate fungicidal activity of G-MØ or GM-CSF activated G-MØ, as verified in cells treatment with CAT (Figure 6).

As seen in Table 3, H<sub>2</sub>O<sub>2</sub> levels were significantly diminished after G-MØ challenge with Pb18 (G-MØ+Pb=0.82±0.24nM),

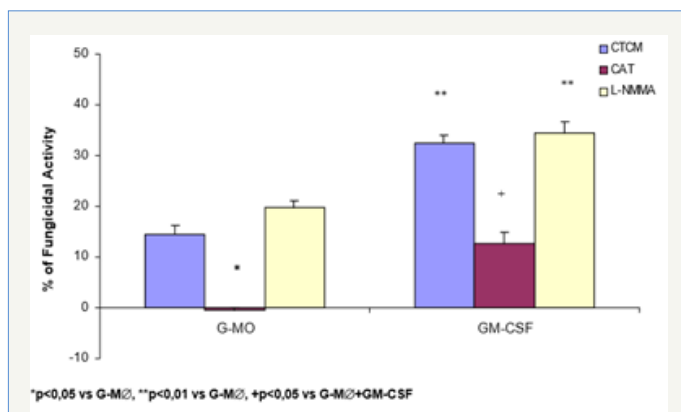
when compared to G-MØ alone (G-MØ=1.82±0.63nM). However, when G-MØ were pre activated with GM-CSF (G-MØ+GM-CSF=3.71±0.94nM), a significant increase in H<sub>2</sub>O<sub>2</sub> production was detected. In G-MØpreactivated with GM-CSF and challenged with Pb (G-MØ+GMCSF+Pb=2.83±0.73nM), the H<sub>2</sub>O<sub>2</sub> levels were similar to that detected in GMØ+GM-CSF cultures. These data show that,

differently of nonactivated G-MØ challenged with Pb (G-MØ+Pb), the challenge of activated cells with Pb (GMØ+GM-CSF+Pb) did not lead to H<sub>2</sub>O<sub>2</sub> inhibition. In all the cocultures treated with CAT, a significant inhibition in H<sub>2</sub>O<sub>2</sub> levels was observed, compared to the ones detected in absence of this scavenger.

**Table 3:** Production of H<sub>2</sub>O<sub>2</sub> and NO<sub>2</sub><sup>-</sup> in cocultures of MO-derived macrophages in the presence of GM-CSF for 7 days (G-MØ), preactivated with GM-CSF (125U/mL) for 18h before the challenge with *P. brasiliensis* during 4h, in absence or presence of scavenger of H<sub>2</sub>O<sub>2</sub> (CAT) or inhibitor of NO (LNMA) release. Results are expressed as M±SEM of 8 experiments.

Monocytes treatment	H <sub>2</sub> O <sub>2</sub> release (nmoles/2x10 <sup>5</sup> cells)	NO <sub>2</sub> <sup>-</sup> release (µmoles / 2x10 <sup>5</sup> cells)
G-MØ	1.82±0.63	2.93±1.05
G-MØ+ CAT/L-NMMA	0.41±0.17+*	1.35±0.85+*
G-MØ+ Pb	0.82±0.24+	1.23±0.71+
G-MØ + Pb + CAT/L-NMMA	0.31±0.12+*	0.77±0.25+*
G-MØ + GM-CSF	3.71±0.94+*	3.22±0.97
G-MØ + GM-CSF + CAT/L-NMMA	2.14±0.6+*	2.74±0.89+
G-MØ + GM-CSF + Pb	2.83±0.73+*	0.97±0.21+
G-MØ + GM-CSF + Pb + CAT/L-NMMA	1.68±0.13+*	1.21±0.4+*

+\* p<0,05 vs MØ; \*\* p<0,05 vs MØ+Pb, +\* p<0,05 vs cocultures without CAT or L-NMMA. \* (CAT/L-NMMA) = CAT was used in cultures for H<sub>2</sub>O<sub>2</sub> dosage, and L-NMMA was used in cultures for NO<sub>2</sub><sup>-</sup> dosage. G-MØ = Macrophages cultured in CTCM+GM-CSF 250 U/mL during 7 days; G-MØ+Pb = G-MØ challenged with Pb; G-MØ+GM-CSF = G-MØ preactivated with GM-CSF 125U/mL



**Figure 6:** Monocyte-derived macrophages (2x10<sup>6</sup>/mL) by incubation with GM-CSF 250U/mL for 7 days (G-MØ) were activated with GM-CSF 125U/mL by 18h and preincubated in the presence of scavengers, CAT (20000U/mL) or L-NMMA (450U/mL), challenged concomitantly with *P. brasiliensis* during 4h, and assessed for fungicidal activity *in vitro*. The results are expressed as Mean (M) ± SEM of 8 subjects.

As to NO<sub>2</sub><sup>-</sup>, similarly to H<sub>2</sub>O<sub>2</sub> release and similarly to MO and MØ cultures, in cocultures supernatants of MØ+Pb (= 2.46±0.53µM), we detected a significant inhibition in this metabolite production, compared to MØ (= 3.17±0.98). However, conversely to H<sub>2</sub>O<sub>2</sub>, MØ+GM-CSF (3.03±0.91µM) did not stimulate the cells for increased NO<sub>2</sub><sup>-</sup> production, compared to MØ. Moreover, MØ+GM-CSF+Pb (1.89±0.39) did not release higher levels of NO<sub>2</sub><sup>-</sup>, which were very low in all cocultures supernatants, suggesting that they were not correlated with fungicidal activity. Once again, these results are associated with the lack of L-NMMA effect on fungicidal activity of

MO+GM-CSF cells. Therefore, it follows, from the results shown in Table 3 and Figure 5 & 6, that the fungicidal activity presented by GM-CSF-activated G-MØ is mediated by H<sub>2</sub>O<sub>2</sub> similarly to MO and MØ. Again, NO seems not to be involved.

## Discussion

The aim of this work was to investigate the role of GM-CSF on human mononuclear phagocytes activation and the effector mechanisms developed by these cells for *P. brasiliensis* killing. The results presented here allow us to consider the existence of an important fungicidal activity of GM-CSF-activated human MO and MO-derived macrophages against *P. brasiliensis*. Stimulation of MO/macrophage for antimicrobial activity by GM-CSF is reported by a number of studies *in vivo* and *in vitro*, evidencing that this cytokine activates neutrophils, MO and macrophages, and enhances the ability of these cells to kill intracellular parasites, such as *Candida albicans* [17], *Aspergillus fumigates* [18,19], *Histoplasma capsulatum* [20,21], *Trypanosoma cruzi* [23], *Mycobacterium avium* [24]; *M. lepraemurium* [25], and MAC [26]. Since GM-CSF increased the fungicidal activity of human MO and macrophages against *P. brasiliensis* strain 18 (Pb18), we were interested in clarifying the mechanisms by which the cells would exert this activity.

Our results clearly demonstrated that CAT inhibited the fungicidal activity of the cells tested. Moreover, despite of the Pb18 inhibits H<sub>2</sub>O<sub>2</sub> release, as shown in previous works [33], when the cells are activated by GM-CSF, a compensatory effect on this production was detected, and H<sub>2</sub>O<sub>2</sub> concentrations were enough for a fungicidal effect. Thus, this work provides evidence that the mechanism by which GM-CSF activated cells kill *P. brasiliensis* is

mediated by H<sub>2</sub>O<sub>2</sub>. Previous works in our laboratory [11] showed that this metabolite is also effective in *P. brasiliensis* killing for IFN-γ and TNF-α-activated human phagocytes, similarly to other microorganisms [17,20,23,34,35]. On the other hand, our results indicate that NO is not involved in Pb18 killing by human phagocytic cells, since L-NMMA did not revert the fungicidal activity presented by phagocytes and NO<sub>2</sub>- levels in all cocultures were very low, including the ones pre activated with GM-CSF. Production of NO and subsequent formation of peroxynitrite [36] have been found to be a potent antifungal mechanism of mononuclear cells [36-38].

This mechanism has been shown to be efficient in the inhibition of replication and killing of fungi [9,39] and other microorganisms by murine mononuclear phagocytes. Previous results from our group have demonstrated that killing of Pb18 by IFN-γ and TNF-α-activated peritoneal murine macrophages is mediated by NO and H<sub>2</sub>O<sub>2</sub> [40]. Although it is known that NO is abundantly synthesized by phagocytes from mice and rats, its secretion by human mononuclear phagocytes has become a controversial issue [24,37,40,41]. Mac Micking et al. [40] and Albina [42] have reported that human MO/macrophages express nitric oxide synthase type II (NOS<sub>2</sub>) as protein synthesis, in response to various stimuli. Furthermore, while it has been found to be a potent antifungal compound of phagocytes in mice, its antifungal role has not been established in human [37-39]. Specifically, in this work, NO does not appear to be involved in the fungicidal activity of human phagocytes against Pb18 yeasts [43,44].

## References

1. Franco M, Mendes RP, Moscardi Bacchi M, Rezkallah Iwasso MT, Montenegro MR, et al. (1989) Paracoccidioidomycosis Bailliere's. Clin Trop Med Commun Dis 4: 185-220.
2. San Blás F, San-Blás G (1985) *Paracoccidioides brasiliensis*. In: San Blás F, San Blás G (Eds.), PJ Fungal Dimorphism. Plenum, New York, USA, pp. 93-120.
3. Brummer E, Sun SH, Harrison JL, Perlman AM, Philpott DE, et al. (1990) Ultrastructure of phagocytosed *Paracoccidioides brasiliensis* in nonactivated or activated macrophages. Infect Immun 58: 2628-2634.
4. Restrepo A (1985) The ecology of *Paracoccidioides brasiliensis*: a puzzle still unsolved. Sabouraudia 23(5): 323-334.
5. Moonis M, Ahmad I, Bochowot BW (1992) Macrophages in host defence- An overview. Indian J Biochem Biophys 29(2): 115-122.
6. Brummer E, Hanson LH, Stevens DA (1988) *In vivo* and *in vitro* activation of pulmonary macrophages by IFN-γ for enhanced killing of *Paracoccidioides brasiliensis* and Blastomyces dermatitidis. J Immunol 140(8): 2786-2789.
7. Brummer E, Hanson LH, Stevens DA (1988) Gamma-interferon activation of macrophages for killing of *Paracoccidioides brasiliensis* and evidence for nonoxidative mechanisms. Int J Immunopharmacol 10(8): 945-952.
8. Brummer E, Hanson LH, Restrepo A, Stevens DA (1989) Intracellular multiplication of *Paracoccidioides brasiliensis* in macrophages: Killing and restriction of multiplication by activated macrophages. Infect Immun 57(8): 2289-2294.
9. Gonzalez A, Gregori W, Velez D, Restrepo A, Cano L, et al. (2000) Nitric oxide participation in the mechanism of gamma-interferon-activated murine macrophages against *Paracoccidioides brasiliensis*. Infect Immun 68(5): 2546-2552.
10. Calvi Sa, Peraçoli Mts, Mendes Rp, Machado Jm, Fecchio D, et al. (2003) Effect of cytokines on the *in vitro* fungicidal activity of monocytes from paracoccidioidomycosis patients. Microbes Infect 5(2): 107-113.
11. Carmo JP, LA Dias Melício, Calvi, SA, Peraçoli MTS, Soares, AMVC (2006). TNF-alpha activates human monocytes for *Paracoccidioides brasiliensis* killing by an H<sub>2</sub>O<sub>2</sub>-dependent mechanism. Med Mycol 44(4): 363-368.
12. Armitage JO (1998) Emerging applications of recombinant human Granulocyte Macrophage Colony-Stimulating Factor. Blood 92(12): 4491-4508.
13. Jones TC (1999) Use of Granulocyte-macrophage Colony Stimulating Factor (GM-CSF) in prevention and treatment of fungal infections. Eur J Canc 35(3): S8-S10.
14. Williams MA, Kelsey SM, Newland AC (1999) Gm-Csf and stimulation of monocyte/macrophage function. *In vivo* relevance and *in vitro* observations. Eur J Canc 35(3): S18-S22.
15. Williams MA, Kelsey SM, Collin PW, Gutteridge CN (1995) Newland Ac. Administration of rHuGM-CSF activates monocyte reactive oxygen species secretion and adhesion molecule expression *in vivo* in patients following high-dose chemotherapy. Br J Haematol 90(1): 31-38.
16. Gasson JC (1991) Molecular physiology of granulocyte-macrophage colony-stimulating factor. Blood 77(6): 1131-1150.
17. Smith PD, Lamerson CL, Banks SM, Saini SS, Wahl LM, et al. (1990) Granulocyte-macrophage colony-stimulating factor augments human monocyte fungicidal activity for *Candida albicans*. J Inf Dis 161(5): 999-1005.
18. Rolides E, Sein T, Holmes A, Blake C, Pizzo PA, et al. (1995) Effects of macrophage colony-stimulating factor on antifungal activity of mononuclear phagocytes against *Aspergillus fumigatus*. J Inf Dis 172(4): 1028-1134.
19. Rolides E, Blake C, Holmes A, Pizzo PA, Walsh TJ, et al. (1996) Granulocytemacrophage colony-stimulating factor and IFN-γ prevent dexamethasone-induced immunosuppression of antifungal monocyte activity against *Aspergillus fumigatus* hyphae. Journal of Medical and Veterinary Mycology 34(1): 63-69.
20. Newman SL, Gootee L (1992) Colony-stimulating factors activate human macrophages to inhibit intracellular growth of *Histoplasma capsulatum* yeasts. Infect Immun 60(11): 4593-4600.
21. Deepe JR, Gibbons R, Woodward E (1999) Neutralization of endogenous Granulocyte-Macrophage Colony-Stimulating Factor subverts the protective immune response to *Histoplasma capsulatum*. J Immunol 163(9): 4985-4993.
22. Collins HL, Bancroft GJ (1992) Cytokine enhancement of complement dependent phagocytosis by macrophages: synergy of tumor necrosis factor-α and granulocyte-macrophage colony-stimulating factor for phagocytosis of *Cryptococcus neoformans*. Eur J Immunol 22(6): 1447-1454.
23. Reed SG, Nathan PIHL DL, Rodricks P, Shanebeck K, Conlon PJ, et al. (1987) Recombinant granulocyte/macrophage colony stimulating factor activates macrophages to inhibit *Trypanosoma cruzi* and release hydrogen peroxide. J Exp Med 166(6): 1734-1746.
24. Denis M (1991a) Tumor necrosis factor and granulocyte macrophage-colony stimulating factor stimulate human macrophages to restrict growth of virulent *Mycobacterium avium* and to kill virulent *M. avium*: killing effector mechanism depends on the generation of reactive nitrogen intermediates. J Leuk Biol 49(8): 380-387.
25. Blanchard K, Michelini Norrids MB, Pearson CA, MCMillen S, Djeu JY (1991) Production of Granulocyte-macrophage colony-stimulating factor (GM-CSF) by monocytes and large granular lymphocytes stimulated with *Mycobacterium avium-M. intracellulare*: activation of bactericidal activity by GM-CSF. Infect Immun 59(7): 2396-2402.
26. Denis M (1991b) Modulation of *Mycobacterium lepraemurium* Tumor

- necrosis factor and granulocyte macrophage-colony stimulating factor stimulate human macrophages to restrict growth of virulent *Mycobacterium avium*. *J Leuk Biol Res* 22: 205-212.
27. Singer vermes LM, MC Ciavaglia, Kashino SS, Calich VLG (1992) The source of growth-promoting factor(s) affects the plating efficiency of *Paracoccidioides brasiliensis*. *J Med Vet Mycol* 30(3): 261-264.
  28. Fava netto C, Vegas VS, Sciannamea IM, Guarnieri DB (1969) Antígeno polissacarídico do *Paracoccidioides brasiliensis*: Estudo do tempo de cultivo do *P. brasiliensis* necessário ao preparo do antígeno. *Rev Inst Med Trop São Paulo* 11: 77-81.
  29. Boyum A (1968) Isolation of mononuclear cells and granulocytes from human blood. Isolation of monuclear cells by one centrifugation, and of granulocytes by combining centrifugation and sedimentation at 1g. *Scand J Clin Lab Invest suppl* 97: 77-89.
  30. Pick G, Keisari A (1980) A simple colorimetric method for measured of hydrogen peroxidase produced by cells in culture. *J Immunol Methods* 38(1-2): 161-172.
  31. Pick E, Mizel D (1981) Rapid microassay for the measurement of superoxide and hydrogen peroxide production by macrophage in culture using an automatic enzyme immunoassay reader. *J Immunol Meth* 46(2): 211-226.
  32. Green LC, Wagner DA, Glogowski J, Skipper PL, Wishnok JS, et al. (1982) Analysis of nitrate, nitrite, and [15N] nitrate in biological fluids. *Anal Biochem* 126(1): 131-138.
  33. Carmo JPM, Peraçoli MTS, Calvi SA, Dias LA, Rodrigues DR, et al. (2001) Inhibition of human monocyte oxidative burst by virulent strain of *Paracoccidioides brasiliensis*. *Rev Soc Bras Med Trop* 34(II): 143-144.
  34. Sasada M, Kubo A, Nishimura T, Kakita T, Moriguchi T, et al. (1987) Candidacidal activity of monocyte-derived human macrophages: relationship between Candida killing and oxygen radical generation by human macrophages. *J Leuk Biol* 41(4): 289-294.
  35. Lehn M, Weiser WY, Engelhorn S, Gillis S, Remold HG (1989) IL-4 inhibits H<sub>2</sub>O<sub>2</sub> production and anti leishmanial capacity of human cultured monocytes mediated by IFN- $\gamma$ . *J Immunol* 143: 3020-3024.
  36. Vazquez Torres, Jones Carson A, Balish J (1995) Peroxynitrite contributes to the candidacidal activity of nitric-oxide producing macrophages. *Infect Immun* 64(8): 3127-3133.
  37. Denis M (1994) Human monocytes/macrophages: NO or no NO? *J Leuk Biol* 55(5): 682-684.
  38. Moncada S, Higgs A (1993) The L-arginine nitric oxide pathway. *N Engl J Med* 329(27): 2002-2012.
  39. Alspaugh JA, Granger DL (1993) Inhibition of *Cryptococcus neoformans* replication by nitrogen oxides supports the role of these molecules as effectors of macrophage-mediated cytostasis. *Infect Immun* 59(7): 2291-2296.
  40. Moreira AP, Peraçoli MTS, Dias LA, Martins M, Calvi SA, et al. (2001) Killing of *Paracoccidioides brasiliensis* by peritoneal macrophages activated by IFN- $\gamma$  or TNF- $\alpha$  is mediated by H<sub>2</sub>O<sub>2</sub> and NO. *Rev Soc Bras Med Trop* 34(II): 145.
  41. MaCKmicking J, Xie Q, Nathan C (1997) Nitric oxide and macrophage function. *Annu Rev Immunol* 15: 323-350.
  42. Albina JE (1995) On the expression of nitric oxide synthase by human macrophages. Why no NO? *J Leuk Biol* 58(6): 643-649.
  43. Djeu JY, Blanchard DK (1987) Regulation of human polymorphonuclear neutrophils (PMN) activity against *Candida albicans* by large granular lymphocytes via release of a PMN-activating factor. *J Immunol* 139I(8): 2761-2767.
  44. Blanchard DK, Norris BM, Djeu JY (1991) Production of Granulocyte macrophage colony-stimulating factor by large granular lymphocytes stimulated with *Candida albicans*: role in activation of human neutrophil function. *Blood* 77(10): 2259-2265.



Creative Commons Attribution 4.0 International License

For possible submissions Click Here

[Submit Article](#)

**Your subsequent submission with Crimson Publishers will attain the below benefits**

- High-level peer review and editorial services
- Freely accessible online immediately upon publication
- Authors retain the copyright to their work
- Licensing it under a Creative Commons license
- Visibility through different online platforms
- Global attainment for your research
- Article availability in different formats (**Pdf, E-pub, Full Text**)
- Endless customer service
- Reasonable Membership services
- Reprints availability upon request
- One step article tracking system