

Introducing SAMS

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ISSN: 2637-7802



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Submission:  September 06, 2019

Published:  September 13, 2019

Volume 5 - Issue 1

How to cite this article: Seun Ayoade.
Introducing SAMS. Adv Complement Alt
Med. 5(1). ACAM.000605.2019.
DOI: [10.31031/ACAM.2019.05.000605](https://doi.org/10.31031/ACAM.2019.05.000605)

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Opinion

Conventional medicine is based on the Germ Theory. Alternative/complementary forms of therapy include acupuncture, aromatherapy, chiropractic, homeopathy, naturopathy, osteopathy, reflexology, ayurvedic and reiki [1]. The Germ-Terrain duality theory of disease states that the etiology of certain diseases/diseased states is better explained as a complex interplay between germs and the inherent anatomical/physiological integrity of the body cells. It argues that the etiology of certain diseases is not fully explained merely by the presence of germs (Germ Theory) or by a mere loss of cellular integrity (Terrain Theory). As a result, the prevention and treatment of such diseases should focus not just on fighting germs but on maintaining/restoring the anatomical/physiological cellular integrity. The Germ-Terrain duality theory is a harmonization of the current Germ Theory (popularized by Louis Pasteur) and the hitherto discarded Terrain Theory (popularized by Pierre Bechamp) [2-4].

I hereby propose a new type of alternative therapy called Seun Ayoade's Medical System-SAMS. SAMS will be based on the germ terrain duality theory. Under the novel frontier of SAMS in the course of diagnosis the physician shall ask two questions viz:

- A. What is the germ situation of the patient?
- B. What is the terrain situation of the patient?

In treatment, the doctor shall ask two questions viz:

- A. What will be the germ standing of this patient vis a vis any therapy?
- B. What will be the terrain standing of the patient vis a vis any therapy?

A précis of the precepts and maxims of SAMS are:

- a) Mapping and evaluating the microzymas of the patient, in other words a cellular dust reading [5-7].
- b) Blood and body ph analysis.
- c) Primo vascular system analysis [8].
- d) Utilization of Kirlian photography/microscopy and related methods.

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