

Obesity and Microwaves

Maria Kuman*

Holistic Research Institute, USA

Editorial

ISSN: 2637-7802



***Corresponding author:** Maria Kuman,
Holistic Research Institute, 1414
Barcelona Dr, Knoxville, TN 37923, USA,
Email: holisticare@mariakuman.com

Submission:  July 08, 2019

Published:  July 10, 2019

Volume 4 - Issue 4

How to cite this article: Maria Kuman,
Obesity and Microwaves. *Adv Complement
Alt Med.* 4(5). ACAM.000598.2019.
DOI: [10.31031/ACAM.2019.04.000598](https://doi.org/10.31031/ACAM.2019.04.000598).

Copyright@ Maria Kuman, This article is distributed under the terms of the Creative Commons Attribution 4.0 International License, which permits unrestricted use and redistribution provided that the original author and source are credited.

When I finally joined my husband in the US, I found out that he always warms up the refrigerated food in the microwave. He even loved to cook in the microwave. I couldn't help but notice that each time I eat food, which my husband warmed up or cooked in the microwave, I feel hungry one and a half hour later (and this happened only after I eat microwaved food). I was not supposed to feel hungry one and a half hour after I eat. I argued with my false hunger and refused to eat, but if I would eat each time, I feel hungry I would become obese.

My knowledge on biorhythms helped me figure out what was going on. I knew that the stomach has a rhythm of activity with periodicity one and a half hour [1]. My explanation of the false hunger was the following: obviously the microwaves, which the food absorbed, increased the amplitude of stomach contraction to the degree that my mind interpreted it as hunger. Normally, the amplitude of contraction of the one-and-a-half-hour cycle of stomach activity is low and we don't even have awareness it exists.

I stopped eating microwaved food. Should I not have knowledge on biorhythms, I wouldn't be able to make the connection between my false hunger and the microwaved food I eat. If I would eat each time, I felt hungry, I would become obese. Obesity is a big problem in the US. According to 2015-2016 data of the CDC (Center of Disease Control) 39.8% of the adults in the US are obese and the percentage grows fast with the years (it is called obesity epidemic) and obesity means more diseases and premature death [2].

Obesity is maximal among African Americans (37% of the males and 55% of the females are obese). The next group with maximal obesity is Hispanic Americans (43% of the males and 51% of the females are obese). Then come the White Americans (38% of the males and 38% of the females are obese). The least obese are the Asian Americans (only 10% of the males and only 15% of the females are obese) [2].

Which category of people is more sensitive to outside influences-magnetic fields, microwaves, etc.? The answer is: the sick people, who are out of balance, will be more sensitive to external influences. The link between the sensitivity to magnetic fields and the state of health has been known since long time ago. As far in the past as in 1869 a book was published in Milan: *Magnets and Neurosis* [2]. The author Majorani [3] claimed that hysteric and other neurotic patients were more sensitive to magnets.

Selye [4], who spent 40 years of his life studying stress, wrote in his book: *Stress in Health and Disease* that diseased people have higher sensitivity to physical factors such as magnetic or electric field (in our case microwaves). Selye [4] called the sensitivity to physical factors pathergy to distinguish it from the sensitivity to chemicals called allergy. Now, with the use of cellular phones, wireless devices and digital TV, which work on microwave frequencies, our exposure to microwaves had quadrupled.

The author of this article used nonlinear mathematical model to describe the effect of acupuncture [5,6]. Usually nonlinear equations have more than one solution and her equation had two types of solutions – electric impulse and wave. By that time (year 1983), Chinese scientists have already measured that at each acupuncture treatment electric impulse is generated, which run along the acupuncture meridian, but nobody has measured waves.

Based on her nonlinear mathematical model, she bravely predicted that each acupuncture treatment must also initiate a wave running along the acupuncture meridian. Intrigued, a Hungarian scientist [7] went searching for waves and he detected them experimentally one year later. He found that waves run in the direction of each acupuncture meridian all the time, but when a point of the meridian is treated with acupuncture a wave is generated, which modifies the constantly running waves.

Acupuncturists know that treatment of distant acupuncture points has stronger effect on the organ. This agrees well with the studies of Dr. Cholodov [8], who investigated for years the effect of permanent magnets on people and animals. He found that when approaching hidden magnets, some individuals felt tactile sensations, such as warming, itching, or slight prickling. The hands and feet were more sensitive than the head in full agreement with the fact that acupuncture treatment of distant points has stronger effect on the organs.

These studies confirm that external magnetic field is obviously felt (by some sensitive individuals) through the waves of our nonlinear electromagnetic field (NEMF), which run along the acupuncture meridians. The author also has a model of creation of the Universe [9], in which all material objects are material body and nonlinear electromagnetic field (NEMF). The field is indelible part of every material object and comes from the way the material world is created [9]. If so, every human being has NEMF. When the NEMF of the individual is out of balance, he is more sensitive to external changes and influences. Our NEMF is located in the Subconscious brain (under the brain crust, where our Subconscious is) and a Quantum Computer operates there with the waves of this NEMF. Since the Quantum Computer operates with waves, it is very sensitive to external waves (electric, magnetic, or microwaves).

Hypnosis, which put the Conscious to sleep to access the Subconscious, surprisingly found that hypnotized people with sleeping Conscious calculated 10,000 times faster. Obviously, the Quantum Computer in our Subconscious calculates 10,000 times faster than our Conscious. Then, we should call our Quantum Computer super-computer [10]. Since our Quantum computer operates with the waves of our NEMF, it would be the one that senses external waves (electric, magnetic, or microwave). However, since our Quantum Computer is in the Subconscious, we are not consciously aware of its existence and work. However, there is also a category of healthy individuals, who are highly sensitive - emotionally, to stress, and to external factors including microwaves. Valerie Hunt (University of California at Los Angeles) measured [11] the frequencies of our NEMF and found that they could vary very dramatically from individual to individual (from 200Hz to 200,000Hz). More sensitive are the individuals with higher frequency NEMF. The frequency of our NEMF is measure of what?

As we have already said, we are material body and NEMF [9]. Since we are body and Spirit, obviously our NEMF is the Spirit. If so, the individuals with higher frequency NEMF will be the more spiritual ones, and they would be the individuals who are extremely sensitive - emotionally, sensitive to stress and drugs, and sensitive to external influences (fields and waves). However, these more sensitive individuals with higher-frequency NEMF would easier access the Quantum Super-Computer in their Subconscious and manifest: extreme intuitive creativity, strong intuitive vision, strong telepathic abilities, ability to diagnose and heal with hands, or see health problems with the holographic vision of their Subconscious mind [11,12], etc.

As the person spiritually grows, the frequency of his/her NEMF continues to grow [11] and can reach 200,000 Hz or more. However, as the frequency of their NEMF grows, the sensitivity of these individual to stress, drugs, fields and waves also grows. Since the function of our organs, muscles, etc. are ruled and regulated by the Quantum Computer, which operated with the waves of our NEMF, such sensitive individuals would experience muscle cramps when in environment with increased microwave radiation. Thus, the increased obesity as a result of using microwaves to warm or cook food is only one side of the trouble. We experience a lot more troubles from the use of cellular phones, wireless devices and digital TV, which also work on microwave frequencies, and which had increased manifold our exposure to microwaves. Are we killing ourselves with things that please and entertain us?

References

1. Luce GG (1970) Biological rhythms in psychiatry and medicine. NIH, Maryland, USA.
2. www.cdc.gov/obesity/data/adult.html
3. Marjorani (1869) Magnets and neurosis. Milan, Italy.
4. Selye H (1976) Stress in health and disease.
5. Kuman M (1983) 8th World Congress on Acupuncture, Sofia, Bulgaria.
6. Kuman M (1997) Modern aspects of ancient acupuncture. Health and Happiness Books, USA.
7. Eory A (1984) Waves propagating along the acupuncture meridians detected. *Acupuncture and Electrotherapeutic Research* 9: 217-223.
8. Cholodov J (1972) Magnetic field and life. Znanie, Moscow, Russia.
9. Kuman M (2019) How the universe was created? origin of its NEMF. *Open Access Journal of Mathematical and Theoretical Physics* 2(2).
10. Kuman M (2019) Procreation- Is it only the DNA? *Global Journal of Medical Research K-Interdisciplinary* 19(3).
11. Kuman M (2019) Quantum physics, alternative medicine, and spirituality. *Global Journal of Medical Research K-Interdisciplinary* 19(3).
12. Kuman M (2018) Holographic (Quantum) way of seeing, hearing, smelling, memorizing and how to use them for diagnosis. *Research in Medicine and Engineering Sciences* 5(3).

For possible submissions Click below:

Submit Article