

Determination of Haematological Changes Associated with Syphilis in Subjects in Umudike, Abia State, Nigeria



Emmanuel Ifeanyi Obeagu^{1*}, Obioma Azuonwu², Blessing Chimezie Didia³, Getrude Uzoma Obeagu⁴ and Florence Onyenweaku¹



¹Department of Health Services, Michael Okpara University of Agriculture, Nigeria

²Department of Medical Laboratory Science, Rivers State University, Nigeria

³Department of Medicine and Surgery, Rivers State University, Nigeria

⁴Department of Nursing Science, Ebonyi State University, Nigeria

*Corresponding author: Emmanuel Ifeanyi Obeagu, Department of Health Services, Michael Okpara University of Agriculture, Umudike, Abia State, Nigeria, Tel: +2348037369912; Email: emmanuelobeagu@yahoo.com

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Abstract

Sexual transmitted diseases (STDs) are increasing. The prevalence of syphilis is increasing especially as Human Immunodeficiency virus (HIV) is increasing. There is paucity of published researches on haematological changes associated to syphilis in this part of the World. The population of the University where this study was done is dominated with highly sexually active persons. The study was done to determine haematological changes associated to syphilis in the subjects in Umudike. The study was done in a Secondary Health Institution. The study started January 2015 to December 2016. A total of seventy subjects (37 females, 33 males) were recruited for the study. Twenty (20) subjects (12 females, 8 males) were syphilis patients aged 20- 38 years and fifty (50) subjects (25 females, 25 males) were the apparently healthy individuals aged matched with the patients. About 2ml of venous blood sample was collected from each participant into EDTA anticoagulated container following aseptic techniques. The plasma was used for the diagnosis. A rapid diagnostic test kits were used for the diagnosis of syphilis from each sample. Haematological investigation was done using Mindray BC-5300. The results were presented in tables as mean and standard deviation and student t-test used for analysis and the level of significance was set at P<0.05. The results showed significant decrease (P<0.05) in the WBC, neutrophil, RBC, Haemoglobin, PCV, MCV, MCH and MCHC of the syphilis subjects (4.5±0.6X10⁹/L, 50.0±8.6%, 4.7±0.3 X10¹²/L, 14.0±0.5g/dl, 42.0±3.2%, 89.9±10.6fl, 29.9±5.6pg, 333.3±14.2g/l) compared to the control (5.6±0.8X10⁹/L, 68.2±10.4%, 5.1±0.7X10¹²/L, 15.4±0.8g/dl, 46.2±4.1%, 90.1±12.1fl, 31.0±3.7pg, 337.0±20.6g/l), significant increase (P<0.05) in the lymphocyte, monocyte of the syphilis subjects (47.0±5.2%, 2.0±0.1%) compared to the control (30.6±7.2%, 1.0±0.1%) and no significant difference in basophil and MCV of the syphilis subjects (0.1±0.1%, 89.9±10.6pg) compared to the control(0.1±0.1%, 90.1±12.1g/l). From the study, it can be shown that syphilis disrupts haematopoiesis. The infection altered the haematological parameters studied. The bone marrow activity might be reduced as seen in all the cell line. Prompt diagnosis and treatment is expedient to avert the danger that might be caused to the haematological parameters which will in turn affect both reproductive ability and vitality of life generally.

Keywords: Haematological changes; Syphilis; Umudike

Introduction

Syphilis has been reported as a sexually transmitted infection linked to bacterium *Treponema pallidum*. The manifestation of syphilis varies depending in which of the four stages it presents [1]. Syphilis is most commonly spread through activity. It believed to be transmitted from mother to baby during pregnancy or at birth, resulting in congenital syphilis [2]. The risk of sexual transmission of syphilis can be reduced by using a latex condom [1]. Syphilis can be effectively treated with antibiotics. It is strongly agreed that the preferred antibiotic for most cases is benzathine penicillin G injected into a muscle. In those who have a severe penicillin allergy, doxycycline or tetracycline may be used. It has been shown in those with neurosyphilis, intravenous penicillin G potassium or

ceftriaxone is recommended. It was strongly reported that during treatment people may develop fever, headache, and muscle pains, a reaction known as Jarisch-Herxheimer [1].

Report has shown that 2015, about 45.4 million people were infected with syphilis [3], with 6 million new cases [4]. During 2015, it caused about 107,000 deaths, down from 202,000 in 1990 [5,6]. After decreasing dramatically with the availability of penicillin in the 1940s, rates of infection have increased since the turn of the millennium in many countries, often in combination with human immunodeficiency virus [7,8]. This is believed to be partly due to increased promiscuity, prostitution, decreasing use of condoms, and unsafe sexual practices among men who have sex with men [9-

11]. It is believed that syphilis is spread mainly by sexual contact or during pregnancy from a mother to her fetus; the bacteria is able to pass through intact mucous membranes or compromised skin [12]. Nonetheless, it can be passed by kissing near a lesion, as well as oral, vaginal, and anal sex [7]. About 30% to 60% of those exposed to primary or secondary syphilis will get the disease [13]. Syphilis can be transmitted by blood products, but the risk is low due to blood testing in many countries.

Aim

The study was done to determine haematological changes associated with syphilis in subjects in Umudike.

Materials and Methods

Study area

The study was conducted in the Department of Health Services, Michaela Okpara University of Agriculture, Umudike, Abia State, Nigeria.

Subjects

A total of seventy subjects (37 females, 33 males) were recruited for the study. Twenty (20) subjects (12 females, 8 males) were syphilis patients aged 20- 38 years and fifty (50) subjects (25 females, 25 males) were the apparently healthy individuals aged matched with the patients.

Sample collection

About 2ml of venous blood sample was collected from each participant into EDTA anticoagulated container following aseptic techniques. The plasma was used for the diagnosis of syphilis using VDRL test and the whole blood used for full blood count test.

Laboratory investigation

VDRL: A rapid diagnostic test kits were used for the diagnosis of syphilis from each sample.

Haematological investigation: Haematological investigation was done using Mindray BC-5300. The parameters investigated include white blood cell, neutrophil, lymphocyte, monocyte, eosinophil, basophil, red blood cell, haemoglobin, packed cell volume, mean cell volume, mean cell haemoglobin and mean cell haemoglobin concentration

Ethical consideration: Ethical approval was gotten from the relevant health agencies that are directly involved to grant approval, also informed consents were obtained from the subjects and confidentiality of the results ensured throughout the period of the study till date.

Statistical analysis: The results were presented in tables as mean and standard deviation and student t-test used for analysis and the level of significance was set at $P < 0.05$

Results

The results showed significant decrease ($P < 0.05$) in the WBC, neutrophil, RBC, Haemoglobin, PCV, MCV, MCH and MCHC of the syphilis subjects ($4.5 \pm 0.6 \times 10^9/L$, $50.0 \pm 8.6\%$, $4.7 \pm 0.3 \times 10^{12}/L$, $14.0 \pm 0.5 \text{g/dl}$, $42.0 \pm 3.2\%$, $89.9 \pm 10.6 \text{fl}$, $29.9 \pm 5.6 \text{pg}$, $333.3 \pm 14.2 \text{g/l}$) compared to the control ($5.6 \pm 0.8 \times 10^9/L$, $68.2 \pm 10.4\%$, $5.1 \pm 0.7 \times 10^{12}/L$, $15.4 \pm 0.8 \text{g/dl}$, $46.2 \pm 4.1\%$, $90.1 \pm 12.1 \text{fl}$, $31.0 \pm 3.7 \text{pg}$, $337.0 \pm 20.6 \text{g/l}$), significant increase ($P < 0.05$) in the lymphocyte, monocyte of the syphilis subjects ($47.0 \pm 5.2\%$, $2.0 \pm 0.1\%$) compared to the control ($30.6 \pm 7.2\%$, $1.0 \pm 0.1\%$) and no significant difference in basophil and MCV of the syphilis subjects ($0.1 \pm 0.1\%$, $89.9 \pm 10.6 \text{pg}$) compared to the control ($0.1 \pm 0.1\%$, $90.1 \pm 12.1 \text{g/l}$) (Table 1) (Figure 1-3).

Table 1: Showing haematological markers of syphilis subjects and the control.

Parameters	Syphilis (20)	Control (50)	P-Value	Level of Significance
WBC ($\times 10^9/L$)	4.5 ± 0.6	5.6 ± 0.8	5.14	$P < 0.05$
Neutrophil (%)	50.0 ± 8.6	68.2 ± 10.4	22.78	$P < 0.05$
Lymphocyte (%)	47.0 ± 5.2	30.6 ± 7.2	25.79	$P < 0.05$
Monocyte (%)	2.0 ± 0.1	1.0 ± 0.1	11.95	$P < 0.05$
Eosinphil (%)	1.0 ± 0.1	0.1 ± 0.1	10.75	$P > 0.05$
Basophil (%)	0.1 ± 0.1	0.1 ± 0.1	0.00	$P > 0.05$
RBC ($\times 10^{12}/L$)	4.7 ± 0.3	5.1 ± 0.7	2.35	$P < 0.05$
Haemoglobin (g/dl)	14.0 ± 0.5	15.4 ± 0.8	6.93	$P < 0.05$
PCV (%)	42.0 ± 3.2	46.2 ± 4.1	8.54	$P < 0.05$
MCV (fl)	89.9 ± 10.6	90.1 ± 12.1	0.23	$P < 0.05$
MCH (pg)	29.9 ± 5.6	31.0 ± 3.7	1.85	$P > 0.05$
MCHC (g/l)	333.3 ± 14.2	337.0 ± 20.6	3.49	$P < 0.05$

WBC: Total White Cell Count; RBC: Red Blood Cell; PCV: Packed Cell Volume, MCV: Mean Cell Volume; MCH: Mean Cell Haemoglobin; MCHC: Mean Cell Haemoglobin Concentration

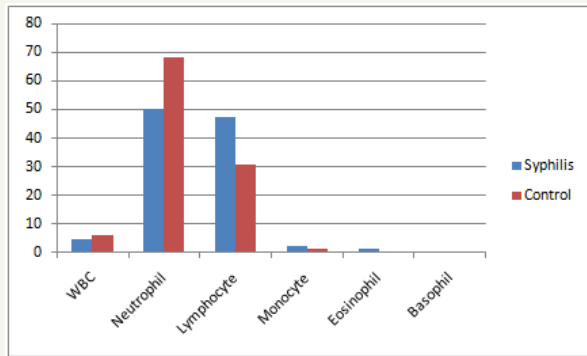


Figure 1: Showing WBC, Neutrophil, Lymphocyte, Monocyte, Eosinophil, Basophil of the subjects.

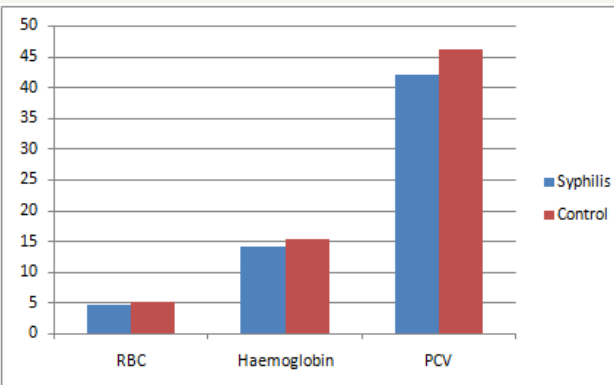


Figure 2: Showing RBC, Haemoglobin and PCV of the subjects.

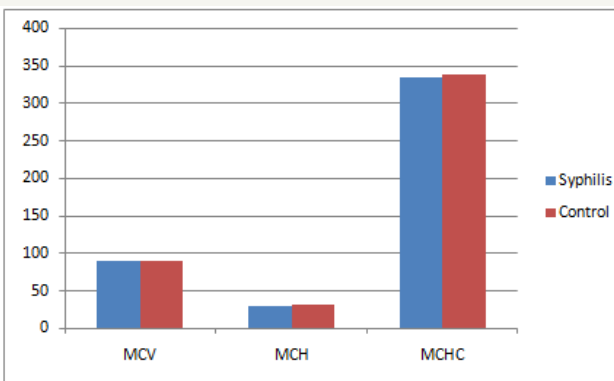


Figure 3: Showing MCV, MCH and MCHC of the subjects.

Discussion

The study showed significant changes in the whole haematological parameters studied except the basophil and MCV. The study showed suppression in WBC, neutrophil, RBC, haemoglobin, PCV, MCH, and MCHC and elevation in lymphocyte and monocyte of the syphilis subject compared to the control. It could be as result of suppressed bone marrow activity. The increased lymphocyte and monocyte may induce increased release of cytokines which will affect the treatment course. The cytokines can affect the pathogenesis and the prognosis of the treatment. It was reported that the striking clinical changes of early

congenital syphilis include rash, severe rhinitis, moist lesions at mucocutaneous junctions, painful limbs, lymphadenopathy, and hepatosplenomegaly. Jaundice is common, as is hypoproteinaemia which may cause oedema. Of the haematological findings, anaemia commonly occurs [14]. The incidence of thrombocytopenia is not clear, although the association of increased platelet turnover (with or without thrombocytopenia) with syphilis is well known [15]. The study shows that the haematological abnormalities may sometimes be severe.

Haematological parameters should be carefully monitored in the patients suffering from syphilis. Information on the haematological changes in syphilis patients is scarce in this part of the World. It is important to carry out this research in this University dominated with highly active sexual individuals. Syphilis is known to be one of the sexual transmitted diseases (STDs). It has been shown that sexual transmitted diseases are increasing each day. It is important to find out what this infection could cause to the haematological system. Haematological tests are good indicators of health and disease state. It is one of the measures of prognosis for treatment. This study shows that syphilis infection alter haematological parameters. This will help in diagnosis and treatment of patients.

Conclusion

This study shows that syphilis has a suppressive effect on the haematopoiesis which lead to reduced level of the haematological parameters studied in the syphilis subjects. It has been shown to have suppressive effect on the bone marrow and may result to pancytopenia. Early diagnosis and treatment is advocated.

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